



Wood From Estates' Mysore Fig Tree Available



Wood slabs from the Mysore fig tree at Edison & Ford Winter Estates are available for sale photos provided

The large Mysore fig tree that once stood next to the fence along McGregor Boulevard on the Edison estate was one of the trees the site lost during Hurricane Irma. Edison & Ford Winter Estates is offering the

public an opportunity to purchase wood from the tree and a chance to own a piece of history.

The Mysore fig stood about 80 feet tall and the root mass was approximately 30 feet in diameter. The tree has been



Mysore fig slabs can be made into a table or other art form like this example from Funktionhouse

cut into 15 slabs of wood that can be used for table tops or artwork. The slabs were cut from the buttress roots, the distinctive, flared trunk part of the tree.

Two different sizes are available for purchase. Large slabs (5-foot by 6-foot) are priced at \$600 and small (4-foot by 4-foot) are \$300. A certificate of authenticity will be provided with each slab. Proceeds from the sale of the wood will go toward garden restoration, giving

the public an opportunity to help restore the historic botanic gardens. The slabs will be sold by appointment through Sherri Muske at 335-3677.

For anyone looking to own a smaller token of history, free wood scraps from other trees will be available to the public on Monday, July 23 beginning at 10 a.m. on a first-come basis. Wood scraps will be available for pick up at 2133 Larchmont Avenue in Fort Myers.✧

Mobile Mollusk Display Visits Children's Hospital

by Jeff Lysiak

Last week at Golisano Children's Hospital of Southwest Florida in Fort Myers, two representatives from the Bailey-Matthews National Shell Museum on Sanibel spent the morning visiting with young patients and sharing their knowledge of shells via the Mollusks on the Move program.

Leigh Gay, the museum's outreach coordinator, and Shell Ambassador Kelle Covington, brought four different species of live shells – including a pair of lettered olives, a shark's eye, two fighting conchs and a Florida horse conch – to show the young patients staying at the hospital.

"Most of the kids are amazed that they're real," said Gay, who was conducting her fourth presentation for patients at the hospital on July 3. "All of the kids know what seashells are, but they've never seen them alive. But once they see them moving around, they start asking great questions."

Developed last year with a mission



Leigh Gay showing a fighting conch to patient Candace Boone, 11 photos by Jeff Lysiak

of connecting local children with the natural world through their love of seashells, the Mollusks on the Move program has reached more than

3,000 students in Lee, Collier, Hendry and Sarasota counties at schools, county parks, camps and community gatherings.



Leigh Gay sharing information about mollusks with 7-year-old patient Brianna Merced

During last week's presentation, Gay opened each container containing the live shells. She told the youngsters

continued on page 23

Historic Downtown Fort Myers, Then And Now:

Railway Express Shipped It All



by Gerri Reaves, PhD

During its approximately half-century as the railway express agency, the unassuming building in the 1925 photo shipped some consequential cargo – live animals such as alligators and bobcats, guarded supplies for World War II military bases, mounted tarpon catches and heaven knows how much citrus and cut flowers.

The American Railway Express functioned much as UPS or FedEx does today. From this 1923 building on Peck Street (today's Widman Way), it provided nationwide rail service delivery and handled cargo for the Atlantic Coastline Railroad (ACL).

In 1941, a customer could ship a bushel of fresh, carefully packed citrus to Delaware for only \$1.10 or to New York for \$1.25.

In the early 1920s, there were plans to construct a large Spanish Mission-style building for the agency, which later became simply the Railway Express Agency or REA.

Those plans were concurrent with the construction of the ACL's Spanish mission-style passenger depot at Peck and Jackson. (That depot, which opened in 1924, is currently being renovated as the Southwest Florida Community Foundation's Collaboratory.)

However, that large REA building never materialized. Instead, a temporary express office was set up for a brief time in the new depot until the building in the historic photo was completed in 1923.

The slender and rectangular stucco and brick building bisects the block between Hendry and Jackson.

For decades, multiple rail lines ran down Peck Street, passing by the REA and curving north to Monroe Street, the ACL freight depot and the packing plants on the riverfront.

The business thrived, so much so that during the tourist or holiday season it



The American Railway Express office opened in 1923 on Peck Street, today's Widman Way
photo courtesy IMAG History & Science Center



Antique shops have been located in the building in recent years. The lifting door on the right is an addition to the original structure. Behind it, trucks loaded and unloaded.

photo by Gerri Reaves

sometimes had to open up additional space in their previous downtown quarters to store the high volume of shipments.

During WWII, the agency was designated by the U.S. government to collect “over five” or “idle” tires to be used in the war effort.

Motorists were requested to turn in tires immediately by contacting the Railway Express, which picked up the tires and issued a receipt for the going price. A check would be sent to the former tire owner.

The role of the railroad gradually diminished in Fort Myers as the car, modern roads and air travel took over. And even the cut-flower industry – one of the REA's biggest shippers – waned by the 1960s.

The rail tracks were removed from Monroe in the 1960s, and the last passenger departed the ACL depot in 1971.

By the 1970s, the REA building housed a mattress factory.

In recent years, antique shops have been located there.

One tribute to the historic REA came in the early 2000s, when internationally known urban-expressionist artist Marcus Jansen featured it in his work, Fancy Flamingo, named for the antique business then in residence.

Walk down to Widman Way to see the express office where everything from citrus and gladioli to alligators and “over five” tires left Fort Myers for the wide world.

Then visit the following two research centers to learn more about how goods were shipped and received in early Fort Myers.

The Southwest Florida Historical Society is an all-volunteer, non-profit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m.

It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 or visit www.swflhistoricalsociety.org for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park.

Hours for the all-volunteer, non-profit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only.

For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Sources: The Archives of the Southwest Florida Historical Society and Fort Myers Press. ✨

Independently Owned And Operated
COPYRIGHT 2018 The River Weekly News
LORKEN Publications, Inc.



Read Us Online: www.IslandSunNews.com



Publisher
Lorin Arundel

Advertising Sales
Bob Petcher

**Graphic Arts/
Production**
Ann Ziehl, Manager
Amanda Hartman
Justin Wilder

Reporters
Gerri Reaves, PhD
Jeff Lysiak

Contributing Writers
Jennifer Basey
Barbara Cacchione
Kay Casperson
Suzy Cohen
Linda Coin
Marcia Feeney
Ed Frank
Shelley Greggs
Tom Hall
Marion Hauser, MS, RD
Ross Hauser, MD
Anne Mitchell
Capt. Matt Mitchell
Trinette Nelson
J. Brendan Ryan, CLU,
ChFC, MSFS
Di Saggau
Jeanie Tinch

The River Weekly News will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, call 239-395-1213 or write to: The River Weekly News, 1640 Periwinkle Way, Suite 2, Sanibel FL 33957. FAX number: 239-395-2299. Email: press@islandsunnews.com. Email: ads@islandsunnews.com The River Weekly News reserves the right to refuse, alter or edit any editorial or advertisement.

Foundation Seeks Help For School Supply Outreach



Children from the Harlem Heights neighborhood receive school supplies from The Heights Foundation at the 2017 school supply outreach photos provided

The Heights Foundation/The Heights Center is seeking individuals, businesses, churches and organizations to provide school supplies and volunteer for The Heights Center's annual outreach program. The July 28 event will be held from 10 a.m. until

noon at The Heights Center and provides backpacks and school supplies for nearly 500 low-income children living in the Harlem Heights neighborhood.

"Our goal is to ensure that every child in Harlem Heights has the necessary supplies to succeed in school," said

Coconut Point Mall, GameTime, Miromar Outlet, Pure Florida, Sanibel Outlets, Sun Splash Family Water Park and Zoomers.

Participating locations include: All Lee County libraries; AMC Merchants Crossing 16; Bell Tower Shops; Coconut Point Shopping Center; GameTime; LeeTran headquarters; Miromar Outlets; North Fort Myers Recreation Center; Sanibel Outlets; South Trail Fire & Rescue Station 62; Sun Splash Family Waterpark; Yogurt Mountain at Coconut Point; and Zoomers.

Students can ride LeeTran for half-price all year with a LeeTran Student ID, available at the Rosa Parks Transportation Center. Proof of student status and a photo ID, social security card, birth certificate or a parent or legal guardian are needed to obtain a LeeTran Student ID for \$1.

To learn more about LeeTran and the Summer Bus Bash, visit www.RideLeeTran.com. Also, plan your adventure on LeeTran by using the transit feature on Google Maps.✧

Explore With LeeTran And Be Eligible For Prizes

LeeTran invites students, ages 18 and younger, to explore Lee County with a Summer Bus Bash Scavenger Hunt. Students are encouraged to ride the bus from Friday, July 13 through Monday, August 6 to visit select businesses and be entered to win prizes.

Students can pick up a scavenger hunt map on any LeeTran bus or at the Rosa Parks Transportation Center, located at 2250 Widman Way in Fort Myers. After visiting at least five businesses listed on the map, and getting signatures at each business, students can turn in completed maps to any comment box on LeeTran buses. All completed maps will be entered in a random drawing for prizes from AMC Merchants Crossing 16, Bell Tower Shops,



Help out during the school supplies drive to ensure children in Harlem Heights receive the necessary items for success

Kathryn Kelly, president and CEO of The Heights Foundation. "The poverty rate for children in Harlem Heights is more than twice the county average. Many parents cannot provide all the things their student will need. We want to send our students back to school ready to learn."

The center has a wish list that includes new and durable backpacks, three ring binders, highlighters, paper, USB flash drives, scissors, folders, crayons, pencils, glue sticks, markers, paper and notebooks. "We are looking for organizations whose members can band together to meet the need," said Melissa Barlow, The Heights Center's outreach coordinator. "The nearly 500 backpacks are the largest investment,

costing more than \$6,500 and supplies for each student cost \$50. A business may be able to sponsor the backpacks, a church or philanthropic organization could provide crayons, markers or notebooks. Monetary donations may also be made online at our website or mailed."

Individuals, businesses, churches or organizations interested in donating or volunteering can contact Melissa Barlow at 482-7706 or melissa@heightsfoundation.org. All donations are tax deductible. Monetary donations can be made at www.heightsfoundation.org/donate, or mailed to The Heights Center, 15570 Hagie Drive, Fort Myers, FL 33908.✧

REAL ESTATE SPECIALIST

SW Florida, Fort Myers Beach, Sanibel & Captiva Islands is All About Home

Listed at \$156,000



Now Available – Unit 513 – delightful first floor pool side - 2 bdrm, 2 bth condo at Davis Woods. Step out from your large, corner lanai to the gorgeous pool area or pick up the tennis racket and head out to the tennis court. It is all right there for your convenience and located minutes to the beaches. This condominium will make a comfortable residence or good investment property. Don't miss the great affordable opportunity.

ALL ABOUT



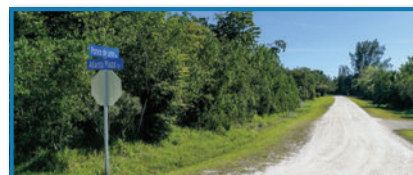
REAL ESTATE SPECIALIST

SW Florida, Fort Myers Beach, Sanibel & Captiva Islands is All About Home

Cathie Lewis, Realtor

Phone: 239-745-7367

Cathie@AllAboutHome.Life
Pfeifer Realty Group



Large single family homesite

- Close to the beach
- Centrally located
- Quiet residential neighborhood

Listed \$199,000



Rabbit Rd. Property Management & Home Watch

An affordable Property Management/Home Watch Company which specializes in managing small Condominium Associations in the Fort Myers/Lee county area. We are licensed, insured and bonded with over 20 years of experience. We are also Florida CAM licensed and accredited members of the National Home Watch Association.

Call or e-mail us for more information.

Phone: 239-558-5733 • E-mail: rabbitrdmgt@gmail.com
www.RabbitRoadMgt.com

Tattoo Brings \$10,000 Donation To SalusCare

It may be just a small apple tattoo to some people, but it's worth \$10,000 to SalusCare, the area's most comprehensive provider of treatment for individuals with mental health and substance use issues.

That's how much Mr. Greens Produce paid to SalusCare after 10 people accepted the challenge to have the company's apple logo tattooed on their bodies in exchange for a \$1,000 donation each to SalusCare.

The fundraiser was the brainchild of Amy Dimon, general manager of the west coast division of Mr. Greens Produce, which supplies restaurants, hotels and other food service providers.

"I owe my life to SalusCare. I wouldn't be here today if it wasn't for the treatment I received and the skills I learned that have helped me celebrate 11 years of sobriety," Dimon said.

The \$10,000 gift is the largest sponsorship SalusCare has ever received, according to SalusCare CEO Stacey Cook. As a result, the non-profit is naming Mr. Greens Produce as the Title/Presenting Sponsor of SalusCare's signature fundraiser, Laughter Is the Best Medicine Comedy Night to be held August 18 at the Broadway Palm.

"What Amy has accomplished in such a short time is nothing short of phenomenal. She is an inspiration



Apple tattoo photos provided

to others in recovery from substance abuse," Cook said.

Dimon became hooked on opioids at age 14 after receiving prescription painkillers to treat chronic pain associated with Crohn's disease. When she was in her early 20s, her mother found her in her driveway unconscious and barely alive after she overdosed on Xanax and methadone.

Dimon spent 12 days in intensive care but she continued abusing drugs until she was 30. Then she checked herself into Southwest Florida Addiction



Amy Dimon and Peter Politis

Services (now known as SalusCare).

"I had nothing – no money, no job, no shoes, no high school diploma, just nothing," she said. She went through the detoxification program, residential program and the women's halfway house and learned "a whole new way of living."

Today, she has a degree in computer information technology, is an executive with Mr. Greens Produce and is a member of the SalusCare Development Committee.

Dimon asked her boss, Mr. Greens Produce Owner Peter Politis, when they were going to have the apple tattoos done together. His response was that he would give her \$1,000 if she had the apple tattoo.

Dimon thought about it and asked Politis if he would give the \$1,000 to SalusCare instead. Knowing that SalusCare was looking for sponsors for its Laughter Is the Best Medicine Comedy Night, she then asked if she got some friends together who would each have the apple tattoo, would Mr. Greens Produce donate \$1,000 to SalusCare for every person who got the tattoo up to a maximum of 10 people? He agreed.

Dimon posted the challenge on

Facebook late that night. Within a few hours, 40 people said they would do it.

"Mr. Greens Produce got involved with SalusCare through Dimon. The firm's success is driven by the passion of our team members, not only regarding the produce industry but also other facets of their lives. We will encourage and support these projects and give back to the communities we serve," Politis said.

Altered Tattoo and Tattoo Artist Rob Plante agreed to donate the tattoos. More than 20 people lined up at Altered Tattoo June 24 to have the tattoo, even though the cash donation was limited to the first 10 people.

"It's just amazing how friends I haven't seen in 22 years were there to show their support," Dimon said. "My 76-year-old mother even got one of the tattoos. I couldn't be happier."

During the Laughter Is the Best Medicine event, four local celebrities each will perform a five-minute stand-up routine for event attendees who will "vote" for the best comedic performance. An award also will be presented to the celebrity comic who raises the most money for SalusCare. The local celebrities who will exchange laughs for votes are Gina Birch, radio-television personality and wine aficionado; Dr. Michael Martin, Florida Gulf Coast University president; Eric Raddatz, Fort Myers Film Festival founder and *Florida Weekly* presentation editor; and Amy Bennett Williams, *News-Press* staff writer.

Nationally recognized yet-to-be-announced comedians will round out the evening, said Marc Collins, SalusCare Development Committee co-chair.

Funds raised at the event will be used to provide outpatient psychiatry and therapy to children and adolescents in our area whose families can least afford it.

Tickets are \$150 each, including heavy hors-d'oeuvres, drinks and the show. Tickets are available at www.saluscarecomedynight.org

For more information about sponsorships, contact Vice President of Public Relations Todd Cordisco at 791-1575 or at tcordisco@saluscareflorida.org.

ALEX AND ANI

MADE IN AMERICA WITH LOVE

Synergy

Synergy Tahitian Gardens • 1891 Periwinkle Way, Sanibel Island, FL
239-395-5353 • SynergySportswear.com

Lee Virtual School Named Franchise Of The Year

The School District of Lee County has announced that Lee Virtual School is the Florida Virtual School's Franchise of the Year for 2018.

"It's a reflection of the hard work of our students, teachers and parents," said Lee Virtual Principal Al Shilling.

Lee Virtual School is about to enter its 10th year of educating students around Lee County. It offers online classes from kindergarten through 12th grade. This award honors the middle and high school program where students get all of their course work and

instruction online.

Since opening in 2009, Lee Virtual has seen its enrollment grow from about 1,000 students to now more than 5,000. Students are expected to attend daily and maintain pace with passing grades.

"We are happy to provide a revolutionary learning option for Lee County," Shilling says.

The Franchise of the Year award is based on several criteria including the strength of Lee Virtual's partnership with Florida Virtual School, maintaining high ratings on Quality Assurance reports, classroom audits with a low percentage of concern reports, complying with FLVS Academic Integrity protocol and procedures, and with FLVS Teacher Training requirements and suggestions.

ST. CHARLES HARBOUR NEW LISTING



13940 BLENHEIM TRAIL RD., FT. MYERS
• Spanish Colonial Style on Preserve
\$1,849,000 **MLS 218042266**
McMurray & Nette 239.850.7888

ST. CHARLES HARBOUR



13901 BLENHEIM TRAIL RD., S. FT. MYERS
• Custom Built Executive Home
\$1,199,750 **MLS 217020052**
Roger Stening 239.770.4707

8 LAKES



OPEN 7/15 12:00PM - 4:00PM

417 SW 49TH LN., CAPE CORAL
• 4 BR, 3 BA, Gulf Access
\$879,000 **MLS 218040324**
Team Peterson 239.470.2353

ORCHID COMMUNITY



OPEN 7/14 1:00PM - 3:00PM

4415 SE 20TH PL., CAPE CORAL
• Riverfront w/Oversized Backyard
\$744,900 **MLS 217052226**
Yesi Snyder, Koffman & Assoc. 239.887.8339

ST. CHARLES HARBOUR NEW LISTING



13950 BLENHEIM TRAIL RD., FT. MYERS
• Gated Community, 24-Hour Security
\$399,000 **MLS 218043225**
McMurray & Nette 239.850.7888

MAJESTIC PALMS NEW LISTING



11701 OLIVETTI LN. #101, FT. MYERS
• New 3 BR, 2 BA Condo, 1,394 S.F.
\$230,100 **MLS 218032925**
Ross Winchel, Koffman & Assoc. 239.898.1214

ROYAL SHELL®



Beyond
EXCELLENCE.™



Florida Locations: Bonita Springs/Estero, Cape Coral, Captiva Island,
Fort Myers, Naples/Marco Island, Ocala and Sanibel Island

North Carolina Locations: Cashiers/Lake Glenville,
Highlands and Sapphire Valley/Lake Toxaway

RoyalShellRealEstate.com | 239.689.7653 | RoyalShell.com

HARBOUR ISLE Y & R CLUB



15120 HARBOUR ISLE DR. #302, FT. MYERS
• Hidden Gem in South Fort Myers
\$625,000 **MLS 218032250**
Toni Shoemaker 239.464.3645

MAJESTIC PALMS NEW LISTING



11701 OLIVETTI LN. #205, FT. MYERS
• Near Sanibel & Fort Myers Beaches
\$290,680 **MLS 218033097**
Ross Winchel, Koffman & Assoc. 239.898.1214

TOWN & RIVER NEW LISTING



971 S. TOWN & RIVER DR., FT. MYERS
• 3 Bedrooms, 2 Bathrooms
\$624,900 **MLS 218043922**
Kelly Sackman, McMurray & Nette 239.810.7388

WHISKEY CREEK ESTATES NEW PRICE



OPEN 7/15 11:30AM - 3:30PM

880 DEAN WAY, FORT MYERS
• 3 BR, 2 BA, 2 Car Garage, 1,900+ S.F.
\$285,000 **MLS 218032635**
Mark Hasson & Tina Tusack 954.696.1524

MODEL OPEN



THE VILLAS AT
CAUSEWAY KEY

ACT NOW BEFORE THE SALE ENDS!

CAUSEWAYKEY.COM • 239.333.3635

SUMMER
SALE
BASE MODEL
NOW \$275,000

SIESTA ISLES



18548 DEEP PASSAGE LN., FT. MYERS BEACH
• Oversized Bayfront Lot w/SW Exposure
\$1,500,000 **MLS 217053397**
Ed Biddison 239.218.7444

GULF HARBOUR YACHT & CC NEW LISTING



11321 LONGWATER CHASE CT., FT. MYERS
• 3,800 S.F. of Living, Corner Lot
\$979,000 **MLS 218044039**
Patti Testa 239.770.5445

MCGREGOR RESERVE



1522 MCGREGOR RESERVE DR., FT. MYERS
• Pristine Condition, 4,410 S.F.
\$845,000 **MLS 218037200**
Elaine Sawyer 239.940.1386

GULF HARBOUR YACHT & CC



11620 COURT OF PALMS #204, FT. MYERS
• River Views, 3rd Floor Luxury Condo
\$525,000 **MLS 217074760**
Patti Testa 239.770.5445

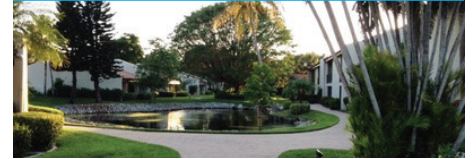
CAUSEWAY KEY



OPEN DAILY 12:00PM - 4:00PM

13400 CAUSEWAY PALMS CV., FT. MYERS
• On-Island Lifestyle, Off-Island Pricing
\$275,000 **MLS 218036804**
Scott Allan 239.333.3635

THE LANDINGS NEW PRICE



4391 FOREMAST CT. #2C, FT. MYERS
• Yacht, Golf & Tennis Club
\$154,900 **MLS 216013050**
Thom Mueller 239.322.9364

Fort Myers Art:

Applications Accepted For ArtFest Fort Myers



by Tom Hall

ArtFest Fort Myers is now accepting applications for participation in its 2019 juried show. Featuring the work of 200 artists, ArtFest Fort Myers attracted 90,000 art lovers and

collectors to the largest outdoor gallery in Southwest Florida on the first weekend in February in 2018. Attendance continues to grow.

Why apply to participate at ArtFest Fort Myers?

“Creating an artwork-selling festival for artists is the focus of our year-round professional staff, with 19 years of consistent management,” stated an ArtFest official in its call to artists. “Targeting art buyers throughout Southwest Florida and beyond – from Marco Island to Sarasota and east to West Palm Beach – our promotional campaign includes all forms of media. We also understand the importance of providing great artist amenities over festival weekend to ensure that our artists are stress free and ready to share their work with our dedicated attendees.”

How are festival artists chosen?

Each October, ArtFest Fort Myers brings together a panel of professional artists who view submitted images and score each applying artist on a range of one to seven points. The artists with



The crowd from a previous ArtFest Fort Myers in downtown Fort Myers

photo courtesy www.artswfl.com

the highest scores are then invited to participate in ArtFest.

“Our jury panel varies each year but always represents a broad base of expertise with regard to artistic mediums – theirs is the difficult task of evaluating who is the ‘best-of-the-best’ from the hundreds of artists who wish to join ArtFest Fort Myers,” ArtFest officials point out. “Our jury process is open to artists and patrons – please contact us for more information.”

ArtFest Fort Myers works year-round to produce a creative community

celebration that also includes:

Publix Art Yard, an interactive arts/crafts area for children, including a “children only” shopping gallery and youth stage performances.

Art Under 20, an exhibition and competition for Lee County high school students, offering cash awards (sponsored by Suncoast Credit Union).

Chalk Block, a weekend high school sidewalk chalk competition mentored by professional chalk artists (sponsored by Truly Nolen Pest Control).

VIP Experience for loyal art patrons who wait all year to make art purchases

with us. Sponsored by Ron Bucher, Raymond James.

The deadline for submissions is September 11. ArtFest takes place in 2019 on February 1, 2 and 3. For artist application information, contact ArtFest Fort Myers at 768-3602, email info@artfestfortmyers.com or visit www.artfestfortmyers.com/artist-info.

Hot Works Accepting Applications For Estero Fine Art Show

Hot Works LLC is now accepting submissions for the 22nd Estero Fine Art Show. It will take place at JetBlue Park on Saturday and Sunday, January 5 and 6, 2019. Voted a top 100 art show three years running, the Estero Fine Art show is recognized as one of America’s highest quality and most respected art shows in the country.

The show features original work in a wide array of disciplines, including painting, clay, glass, fiber, sculpture, wood, photography, jewelry and more. One of the show’s highlights is a youth art competition for kindergarten through eighth graders, or ages 5 to 13.

Winter home of the Boston Red Sox, JetBlue Park affords both exhibitors and attendees with numerous benefits, including a location that draws from and is easily accessible from everywhere in Southwest Florida, as well as plenty of convenient, on-site parking.

The application deadline is August 3. For applications, visit www.zapplication.org/event-info.php?ID=6564. For more information, contact Executive Director Patty Narozny at patty@hotworks.org or 941-755-3088.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.**

ALL ABOUT

HOME

REAL ESTATE EXPERT

SW Florida, Fort Myers Beach, Sanibel & Captiva Islands is All About Home

Cathie Lewis, Realtor

I will Sincerely work for You

Phone: 239-745-7367

Cathie@AllAboutHome.Life

Pfeifer Realty Group

LUCILLE'S BOUTIQUE

PREMIUM WOMEN'S CONSIGNMENT

15675 McGregor Blvd. Extension

Ft. Myers, Florida 33908

239-489-3554

lucillesboutique@hotmail.com

BRING THIS AD IN FOR 10% OFF YOUR PURCHASE

Mon - Fri 10 to 5

Sat 10 to 4

Consignment by appt. only

Lee County Tax Collector Honors Lifesaving Gifts

Just over two years ago, after the sudden death of 15-year-old Alexis Bonadies, her parents found hope in the darkness of tragedy – an opportunity for Alexis’s legacy to live on through organ donation. Alexis had registered as an organ and tissue donor while getting her driver license in Lee County only months prior to her passing. Thanks to a selfless act of generosity, Alexis saved three lives through organ donation and improved many more as a tissue donor.

Just over five months ago, following a tragic car accident, the parents of 16-year-old Erik Babatz found themselves in a similar situation to the Bonadies family – an opportunity for Erik’s legacy to live on through organ donation. Erik, also a registered organ and tissue donor in Lee County, was able to save five lives and improve many more through the gifts of tissue donation.

The stories of the Gifts of Life given by both Alexis Bonadies and Erik

Babatz will soon touch customers in a unique way with the unveiling of a Tree of Life at the tax collector’s office in Bonita Springs on Friday, July 13, as well as the one in downtown Fort Myers on Monday, July 16. The Tree of Life artwork is being dedicated to Alexis at the Bonita Springs office, and to Erik at the downtown Fort Myers office. These are in addition to a Tree of Life, unveiled in April 2013 at the tax collector’s office in South Fort Myers, which is dedicated to Danielle Bogue, another heroic individual who saved lives through organ and tissue donation.

The Tree of Life is a permanent, visual dedication to organ, tissue and eye donation for clients who visit the office and staff who work there. By saying “yes” when asked, “Are you interested in becoming an organ donor?” while receiving or renewing a driver license, customers can designate their desire to be a lifesaver, like Alexis and Erik. Members of the Bonadies and Babatz families will be in attendance at each respective unveiling and will assist Honorable Larry Hart, Lee County tax collector, with revealing the Tree of Life artwork to the general public.

Every time a customer registers as an



Educator and entertainer Glen Beitmen makes science fun at day camps for kids age 6 to 10. A few openings are left for Calusa Kids Camp from July 16 to 20. photo provided

Super Science Camp To Be Held At Mound House

A few openings remain for the Super Science Calusa Kids Camp held at the Mound House from Monday, July 16 to Friday, July 20.

Day campers will explore the life and times of the Calusa, excavate the local past through cooperative, hands-on projects, re-create the tools, make friends and socialize like a Calusa. All while enjoying the sights, sounds and environment of Fort Myers Beach.

This unique day camp for kids age 6 to 10 is presented by the educational entertainment company Super Science and Amazing Art. The owner and president is Glen Beitmen, a teacher at the Village School of Naples. Beitman appears on WINK News presenting fun and easy science experiments.

Throughout his career, he has worked with Nickelodeon and Mattel to design games for the PC and Playstation. He worked with MIT's Edgerton Center, trained at the Museum of Science in Boston and is highlighted in its Engineering is Elementary workshops.

Beitmen partners with the school districts of Lee and Collier counties to develop educational science videos, teacher training workshops, assemblies, camps and after-school programs.

Camp hours are 9 a.m. to 4 p.m. Cost is \$250 or \$225 for members, which includes camp activities, a supervised snack and lunch. Participants are asked to bring their own non-perishable food, a water bottle and sunscreen. Sign up for camp online at www.cognitofirms.com/SuperScienceAndAmazingArt/CalusaKidsCamp.

The Mound House is located at 451 Connecticut Street on Fort Myers Beach. For more information, call 765-0865.*

Alliance Presents The Comediannettes

The Alliance for the Arts will present The Comediannettes on Saturday, July 21 at 8 p.m. in the theatre. Formerly known as Diva Comedy Night, this one night of side-splitting standup comedy features funny and fierce female comedians, all from Florida. Tickets are \$15 for Alliance members and \$20 for non-members.

The line-up features Pam Bruno, Dani Thralow, Nancy Francis and Mariannette LaPuppet.

Bruno is the winner of 2015 Ultimate Miami Comedian. Pam has worked with many nationally known comedians, including Wendy Liebman, Emmy-winner Louie Anderson, Tommy Davidson, Bobby Lee and the legendary singer Roberta Flack. She recently appeared with Kevin Hart in his new TV series *Hart of the City* on Comedy Central. Thralow was recently named Acme

Comedy Club's Second Funniest Person in Minneapolis and St. Paul. She has been selected to perform at comedy festivals throughout the United States. She enjoys spending time with her daughters, running and speaking about entrepreneurship.

Francis is a life-long family woman and a 30-year veteran of the real estate title business. This librarian look-alike decided to take to comedy. Nancy's take-it-or-leave-it mom attitude transcends generations. Watching the audience watch this grandma "tell it like it is" must be seen.

LaPuppet is a professional actress and writer of over 25 years turned comedian. She was a finalist in Nick @ Nite's *America's Funniest Mom*, winner of the 2nd annual Comedians Ball in Florida and finalist in Comic Cure's *Florida's Funniest Female*. She has featured for top comedians like Craig Shoemaker, Michael Winslow, Judy Tenuta and Pauly Shore.

For more information on this event, visit www.artinlee.org/comediannettes or call 939-2787.*

Local Impact Program Receives \$500 Donation



Back row from left, Pilot Club members Linda Hessler, Angie Carlson, Fran D'Alessandro and Jody Van Cooney along with students in the Impact program photo provided

The Pilot Club of Fort Myers recently donated \$500 to Impact for Developmental Education Inc., which provides early childhood education and developmental services for both typically developing and special needs preschool age children.

Impact was founded over 35 years ago by a group of parents committed to providing high quality comprehensive early childhood education for children

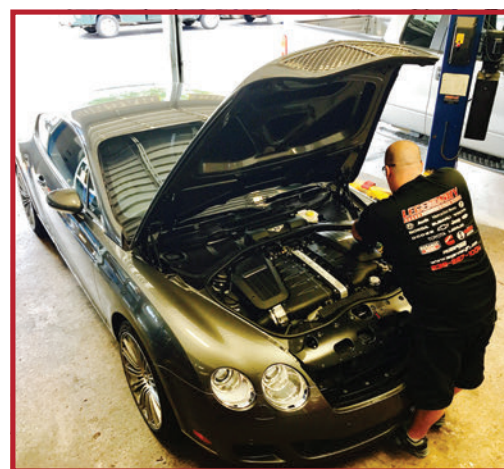
from birth to five years old; they have locations in Fort Myers and Cape Coral.

The focus of the Pilot Club of Fort Myers is helping organizations seeking to improve the quality of life for individuals with brain-related disorders through volunteer activities, education and financial support. For more information, contact the president, Fran D'Alessandro, at 332-1140.*

Automotive Service That You Can Trust

LEGENDARY

★★★★★ AUTOMOTIVE & TRUCK SERVICE



\$25 Off your first service

Limit one per customer, no cash value, cannot be combined with any other offer or discount.

We look forward to earning your business



Approved Auto Repair

All Makes and Models both Foreign and Domestic

- Professional Caring Staff
- Clean and Comfortable
- Master Certified Technicians
- Pictures and Video delivered to you of any repair or maintenance issue

239-277-1004

1921 Courtney Drive • Fort Myers 33901

OPEN Monday - Friday 8am to 5:30pm • Saturday 8am to 4pm • Sunday Closed

www.LegendaryFL.com

Along The River

Indie music quartet The Woodwork will headline the **Sounds of Summer Concert Series** at the **Sidney & Berne Davis Art Center** this Friday, July 13. Folk artist Mountain Holler will kick off the evening, slated to begin at 8 p.m.

Sounds of Summer features Florida's best emerging artists across genres. Local, original music is highlighted in this bi-weekly series.

The Woodwork is from Naples, and their name was derived from the old saying "out of the woodwork" After releasing their EP *Burning Bridges* in 2016, The Woodwork caught the attention of audiences and promoters in the Florida music scene. The band was recently invited to participate in the Sugarshack Sessions and performed at Gasparilla Music Festival in St. Petersburg, Florida this past spring.

It was at Gasparilla Music Festival that The Woodwork met Mountain Holler, a soulful solo musician. Mountain Holler is the moniker of multi-instrumentalist and vocalist Mark Etherington of St. Petersburg. When offered the Sounds of Summer date at the Sidney & Berne Davis Art Center, The Woodwork wanted Mountain Holler to open the show.

Cost to attend the concert is \$5. FSW and FGCU students can buy one ticket and get one free by presenting a student ID at the box office. Doors open at 7:30 p.m.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the



The Woodwork

historic downtown Fort Myers River District. For more information, visit www.sbdac.com.

Cirque du Soleil is coming to the **Germain Arena** with a brand-new arena creation with six performances this Thursday, July 12 through Sunday, July 15.

Cirque du Soleil's *Crystal* explores the artistic limits of ice for the first time in the company's 34-year history. This unique production features gymnasts and skaters performing acrobatics on the ice and in the air, combining multiple disciplines for a world-class audience experience. Synchronized skating, freestyles figures

photo courtesy YouTube.com

and extreme skating are highlighted alongside traditional circus disciplines such as swinging trapeze, aerial traps and hand-to-hand.

Presale tickets for performances of *Crystal* are now available.

Germain Arena is located at 11000 Everblades Parkway in Estero. For more information and tickets, visit www.cirquedusoleil.com/crystal.

The **Gulf Coast Symphony** will present the first of two Saturday summer concerts at the **Barbara B. Mann Performing Arts Hall** this Saturday, July 14 at 7 p.m. Patriotic Pops will be a celebration of the red, white, and blue with the Gulf Coast Symphony performing patriotic favorites, including a salute to the Armed Forces. There will be a backyard barbecue feeling, with complimentary

sliders and mini hot dogs provided, and an array of beers and soft drinks available for purchase.

Patrons are encouraged to bring a contribution for the Harlem Heights Center's clothing drive for their summer camp, after school and charter school kids. Visit www.gulfcoastsymphony.org for a list of clothing needs.

Tickets for the Patriotic Pops concert start at \$27.

Barbara B. Mann Performing Arts Hall is located at 13350 FSW Parkway in Fort Myers. Purchase tickets at www.gulfcoastsymphony.org or by calling the box office at 481-4849.

Wild Coffee Duo will perform during the **Shell Point Retirement Community's** 2018 Summer Concert Series in the Grand Cypress Room at The Woodlands at Shell Point this Thursday, July 19 at 7 p.m. The event is open to the public. Cost is \$20 per ticket.

Wild Coffee Duo will perform *Back In Time: A Musical Retrospective of a Century Ago*. With the end of World War I and the birth of Leonard Bernstein in 1918, audiences will celebrate music from this milestone year, including popular songs such as *I'm Always Chasing Rainbows* and selections from *West Side Story*.

Pianist Abbey Allison and cellist Susie Kelly make up the classically trained music group that is dedicated to presenting chamber music to audiences in Southwest Florida.

The Woodlands at Shell Point is located at 14441 Woodsong Lane in Fort Myers. For more information, visit www.shellpoint.org/concerts or call 454-2067. Tickets purchased online or by phone will be held for pick-up at will call on the night of the performance.*

Ocean Tribe Paddlers To Host Group Outing

Sanibel Sea School's Ocean Tribe Paddling Club organizes a meet-up each month for paddling enthusiasts to enjoy a group paddle, share tips and ideas, and meet new friends to paddle with.

For the July event, the group will meet at the Sanibel Boat Ramp. From the put-in, it's a quick paddle east to the Sanibel canals. Once in the canals, you can loop around, check out the various wading birds, observe mangrove crabs as they scuttle to and fro, and take a look at Sanibel from a new perspective. The paddle will be held on Tuesday, July 17 from 10:30 a.m. to noon.

Those interested in joining the paddle should bring their own paddling equipment (kayaks, canoes, stand up paddleboards and other paddle-powered vessels are all welcome). A limited number of loaner boards are available, but must be reserved via email in advance. Parking is available at the boat ramp for \$5 per hour or with a valid parking permit.

Your first Ocean Tribe Paddlers event is free, then it is requested that you purchase a membership online at www.oceantribepaddlers.org. RSVP to oceantribepaddlers@sanibelseaschool.org. Stay tuned for information about future meet-ups.

Be sure to visit the Ocean Tribe Paddlers Facebook page for weather updates. Any schedule changes will be posted at least one hour prior to the event.*



See the island from a different perspective as you paddle the canals photo provided

IL TESORO RISTORANTE

FINE ITALIAN CUISINE

inspired by Island Fare in a bistro style

VOTED "BEST CHEF"
BEST OF THE ISLANDS AWARD

TASTE OF THE ISLANDS
IRON CHEF WINNER AJ BLACK

Celebrating Our 10 Year Anniversary

Extensive New Wine List
Tasting Menu

"Fresh ingredients, simplicity, love...
the recipe for a treasured dining experience"
- Chef/Owner AJ Black

7 Days • 5-10 pm
751 Tarpon Bay Road
Sanibel Island, FL
Reservations Suggested
www.iltesoronet.net • 239-395-4022

SUNSET DINING
4:30-6:30 P.M.
3-Course Tasting
Starting at
\$19.95

Gulfshore Life
2011
BEST OF THE GULF SHORE



Program On History, Archaeology

The Academy of Lifelong Learning at Shell Point Retirement Community invites the Southwest Florida community to attend its July Academy class, which will feature informative discussion on history and archaeological discoveries, on Monday, July 23 from 4:30 to 6 p.m.

Florida SouthWestern State College Professor Adrian Kerr will present The Lost World of Atlantis – Did it Exist? During this 90-minute presentation, Kerr will investigate recent archaeological discoveries, review historical events and decide whether Plato's account of the "land of Atlas" holds any validity.

Cost is \$10. Tickets can be purchased by calling 489-8472.

Shell Point Retirement Community is



Adrian Kerr photo provided
located at 15101 Shell Point Boulevard in Fort Myers. To learn more, visit www.shellpoint.org.✱

Pilot Club Distributes Bicycle Helmets

The Pilot Club of Fort Myers distributed bicycle helmets during the End of School, Stop the Violence event in the Dunbar community. More than 60 individuals were fitted with helmets.

The Pilot Club of Fort Myers helps organizations seeking to improve the quality of life for individuals with brain-related disorders through volunteer activities, education and financial support.

For more information about the Pilot Club, contact the president, Fran D'Alessandro, at 332-1140.✱



Pilot Club member Diane Jensen fits a bicycle helmet on Nathaniel Rivera as Jessica Lazicki looks on photo provided

From page 6

Lifesaving Gifts

organ and tissue donor during a driver license transaction, they will have the opportunity to sign their name on a leaf and affix it to the Tree of Life. This allows the customer to leave a lasting touch on the office mural, similar to how organ and tissue donation leaves a lasting impact on all who are affected by it. In 2017, nearly 77,000 customers registered as an organ and tissue donor through the Lee County Tax Collector office. In May 2018, 58 percent of driver license customers serviced through his offices said "yes" to registering as organ, eye and tissue donors, compared with the statewide average of 50 percent.

One organ donor can potentially save the lives of eight people, and improve the lives of dozens more through tissue donation. Donation, with the primary exception of living

kidney donation, occurs after death and deciding to register as a donor does not impact medical care should a donor become ill or injured in an accident. People of all ages can choose to donate and help others in need, and donation is supported by all major religions as a personal choice and act of generosity. Donation places no financial burden on the donor's family.

Contact LifeLink of Florida for more information. LifeLink of Florida is a nonprofit community service organization dedicated to the recovery of organs and tissues for transplantation. To register as an organ and tissue donor, visit www.LifeLinkFoundation.org.

The July 13 unveiling will begin at 7:45 a.m. at the Lee County Tax Collector Office in Bonita Springs, located at 25987 South Tamiami Trail. The July 16 unveiling will begin at 7:45 a.m. at the Lee County Tax Collector Office in downtown Fort Myers, located at 2480 Thompson Street.✱



A past participant at the Art & Poetry Networking Event

photo provided

Networking Event To Highlight Poets Musicians, Artists

Gulf Coast Leisure's Art & Poetry Networking Event returns to the Sidney & Berne Davis Art Center on Thursday, July 26 at 8 p.m. The artful evenings are called the perfect place for creative professionals to cultivate their craft and have a positive environment for self-expression. Attendees will experience local art and poetry with live

entertainment, vendors, networking and more. Cost is \$10.

Since 2012, Gulf Coast Leisure has developed nightlife events, summer celebrations and community outreach by collaborating with local nonprofits. Each month, artists, musicians, poets and others are offered the opportunity to connect with each other and showcase their talents.

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. For more information or to sign up as a vendor, artist or performer, visit www.gclmovement.com.✱

TERRA NOSTRA RISTORANTE

EST. 2008

*Steaks • Seafood • Pastas • Veals
International Wine List!*



**\$10 Off
your
\$50 Purchase**

Expires 07/30/18

Opens at 4pm! Mon-Sat.
15880 San Carlos Blvd
(In Target Center)
(239) 590-8147
www.TerraNostraDining.com

Alliance Theatre To Hold Open Casting Call

Theatre Conspiracy at the Alliance for the Arts will be holding an open casting call for *Joe Turner’s Come and Gone* on July 14 from 10 a.m. to noon at the Alliance for the Arts. To schedule an appointment, contact theatre@artinlee.org.

The play, written by August Wilson and directed by Sonya McCarter, takes place in Pittsburgh during the early 1900s. It focuses on Herald Loomis and his daughter Zonia’s journey in finding his wife. When they take residence in Seth Holly’s boarding house, a microcosm of African-American life, the story unfolds as each character searches for a missing part of themselves. Their personal journeys’ inevitably become intertwined with a search for identity and a sense of self, greater than their heritage, has so far allowed.

Interested actors/actresses will need to bring a monologue of their choice. Don’t have a monologue? You will be given material to read.

The production runs March 1 and 2, 7 through 9 and 14 through 16 at 7:30 p.m. and March 10 and 17 at 2 p.m. with a talk-back on March 17. This show is sponsored in-part by Noreen Raney.

Available roles include:
Seth Holly – In his early 50s, Seth is owner of the boardinghouse and works as a craftsman.
Bertha Holly – Seth’s wife of 25 years and five years his junior, Bertha runs the

boardinghouse. She does all the cooking and cleaning, later with the aid of Zonia.
Bynum Walker – A “conjure” man staying with the Holly’s at the boardinghouse, Bynum is in his 60s and is a freed slave from the south.

Rutherford Selig – The only white character in the play, Selig is a peddler who sells Seth’s goods. Known as the “People Finder,” Selig is from a family that first brought Africans across the Atlantic to become slaves. But now he unites people by recording the names and places of all the people he peddles to.

Jeremy Furlow – Another resident of the boardinghouse, Jeremy is a guitar-playing 25-year-old. He came to the North looking for a job and a way in life. He works construction, putting in the new road outside of town.

Herald Loomis – An odd man who dons an overcoat and hat in mid-August, Loomis is 32 and a displaced slave searching for his wife. He was forced to work for Joe Turner for seven years, which separated him from his wife and daughter. He works as a deacon for the Abundant Life Church and at times was possessed by spiritual beings.

Zonia Loomis – Herald’s daughter, Zonia is described as a tall and skinny 11-year-old.
Mattie Campbell – Mattie is a 25-year-old girl who is disappointed with her position in life and is looking for love.
Rueben Mercer – Rueben is the Holly’s next door neighbor and about Zonia’s age.
Molly Cunningham – Molly is a good looking young woman of 26 who is strong and independent.
Martha Pentecost – Loomis’ wife,

Martha is about 28 and very religious and a member of the Evangelical church. She left the South and her daughter behind.
Final performances are May 3 to 5 and 10 to 12 at 8 p.m. and May 6 and 13 at 2 p.m. The production is sponsored by Noreen Raney.
Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information, call Bill Taylor at 939-2787.✧

Church To Host Six Wags Over Fort Myers

The 2nd annual Six Wags Over Fort Myers Pet Carnival will take place Iona-Hope Episcopal Church on Saturday, October 27 from 10 a.m. to 2 p.m.
The free celebration for pets and their humans will feature doggie and people café; pet photos and keepsakes; silent auction; spa experience including chair massage for humans and pampering for pups; pet rescue adoptions; petting zoo; gift shop; homemade pet treat sale; and more. Most activities will be indoors so the show can go on rain or shine.
All proceeds from activities benefit All God’s Creatures (Iona-Hope’s Animal Ministry group).
Iona-Hope Episcopal Church is located at 9650 Gladiolus Drive in Fort Myers. For more information, email Nancy Buchanan at www.allgodscreaturesionahope@gmail.

com or visit www.facebook.com/ihaniministry, www.ionahope.org or www.sixwagsoverfortmyers.eventbrite.com.✧

Academy To Host Back To School Back Pack Event

Ebenezer Christian Academy of Fort Myers, Inc. is holding its annual Enriching the Future – Our Students Back to School Back Pack event at Fort Myers Middle Academy Gym on Sunday, July 15 at 2 p.m. for the children in the after school tutoring program, youth from Central Fort Myers, their families and friends of the academy.
At the event, backpacks filled with school supplies are provided to each child going to school (elementary through high school). A food truck will be present and refreshments will be served. Games and youth activities will take place. Guest speakers include local government officials and friends of the academy. The fire department and the City of Fort Myers police department will provide safety education. The event assists the academy in reaching its mission of encouraging each child and teen to have a positive attitude in life, and to display their achievements to their families and others in the community.
Fort Myers Middle Academy Gym is located at 3050 Central Avenue in Fort Myers. For more information, email gabrielinvictory@netzero.net.✧

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION
Sunday 10:30 a.m., 2756 McGregor Boulevard, allfaiths-uc.org, 226-0900.
ALL SAINTS BYZANTINE RITE CATHOLIC
Sunday 10:30 a.m. 10291 Bayshore Road, 305-651-0991.
ANNUNCIATION GREEK ORTHODOX
Sunday 9 and 10 a.m. 8210 Cypress Lake Drive, annunciation.fl.goarch.org, 481-2099.
BAT YAM-TEMPLE OF THE ISLANDS
Friday Shabbat at 7 p.m. 2050 Periwinkle Way. www.batyam.org 579-0296.
BETH SHILOH MESSIANIC SYNAGOGUE
Friday 8 p.m., Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.
BIBLESHARE
10 a.m. Sunday and 7 p.m. Tuesday, 7050 Winkler Rd, Suite 121, www.simplysimpleworship.com, 437-8835.
BREAD OF LIFE MINISTRIES
Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.
CHABAD LUBAVITCH ORTHODOX
Friday 6:30 p.m. 5620 Winkler Road, chabadswf.org, 433-7708.
CHAPEL OF CYPRESS COVE
Sunday 10 a.m. 10200 Cypress Cove Circle, revtedalhouse@aol.com, 850-3943.
CHURCH OF THE CROSS
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.
CONGREGATIONAL
Sunday 10:30 a.m. 1619 Llewellyn Drive, taecc.com, 334-4978.
COVENANT PRESBYTERIAN
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.
CYPRESS LAKE BAPTIST
Sunday 9:45 and 11 a.m., 7 p.m.;

Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.
CYPRESS LAKE PRESBYTERIAN
Sunday 8, 9, 10 and 11 a.m. 8260 Cypress Lake Drive, www.clpc.us, 481-3233.
CYPRESS LAKE UNITED METHODIST
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.
FAITH FELLOWSHIP WORLD OUTREACH
Sunday 10:30 a.m., Thursday 7:30 p.m., Friday 7:30 p.m. 6111 South Pointe Boulevard, 278-3638.
FAITH UNITED METHODIST
Sunday 8:45 and 10:30 a.m. 15690 McGregor Boulevard, 482-2030.
FIRST CHURCH OF CHRIST, SCIENTIST
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m. 2390 West First Street, christiansciencefortmyers.net, christianscience.com.
FIRST CHURCH OF THE NAZARENE
Sunday 10:30 a.m. and 6 p.m. 13545 American Colony Boulevard, 936-2511.
FIRST UNITED METHODIST CHURCH
Sunday 9:30 a.m. and 5:30 p.m. 2466 First Street, www.fumcftmyers.org, 332-1152.
FORT MYERS CHRISTIAN
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.
FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
Sunday 10 a.m., 8210 College Parkway, 482-3133.
IONA-HOPE EPISCOPAL CONGREGATION
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m. 9650 Gladiolus Drive, 454-4778.
JESUS THE WORKER CATHOLIC
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m. 881 Nuna Avenue, 481-1143.
KINGDOM LIFE
Sunday 10:30 a.m. 2154 McGregor Boulevard, 218-8343.

LAMB OF GOD
Sunday 7:45 and 10 a.m. 19691 Cypress View Drive, lambofgodchurch.net, 267-3525.
NEW BEGINNINGS CENTER
Friday 6:30 and 7 p.m. 8505 Jenny Cae Lane, nbcministry@embarqmail.com, facebook.com/nbcministry, 656-0416.
NEW COVENANT EYES
Monthly 9 a.m. 1900 Park Meadows Drive, newcovenanteyes.com, 220-8519.
NEW HOPE BAPTIST
Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.
NEW HOPE PRESBYTERIAN
Sunday 8, 9:30 and 11 a.m. 10051 Plantation Road, www.newhopefortmyers.org, 274-1230.
PEACE COMMUNITY
Sunday 10:30 a.m. [www.17671 Pine Ridge Road](http://www.17671PineRidgeRoad.com), peacecommunitychurch.com, 267-7400.
PEACE LUTHERAN
Sunday 8 and 10 a.m. 15840 McGregor Boulevard, www.peaceftmyers.com, peaceftmyers.com, 437-2599.
REDEEMER LUTHERAN
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.
RIVER OF LIFE ASSEMBLY OF GOD
8, 9:45 and 11:30 a.m. 21580 River Ranch Road, 495-0400.
SAMUDRABADRA BUDDHIST CENTER
Meditation classes. MeditationInFortMyers.org, 567-9739.
SAINT COLUMBKILLE CATHOLIC
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m. 12171 Iona Road, 489-3973.
ST. FRANCIS XAVIER CATHOLIC
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m. 2157 Cleveland Avenue, 334-2161.
SAINT JOHN THE APOSTLE

METROPOLITAN
Sunday 10 a.m. 3049 McGregor Boulevard, 344-0012.
SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m. 3595 Broadway, 939-1218.
SAINT NICHOLAS MONASTERY
Sunday 9:30 a.m. 111 Evergreen Road, saintnicholasmonastery.org, 997-2847.
ST. VINCENT DE PAUL CATHOLIC
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m. 13031 Palm Beach Boulevard, 693-0818.
SOUTHWEST BAPTIST
Sunday 11 a.m.; Wednesday 6 p.m. 16940 McGregor Boulevard, 454-3336.
TEMPLE BETHEL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m. 16225 Winkler Road, templebethel.com, 433-0018.
TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m. tjswfl.org. 14486 A&W Bulb Road, 433-0201.
THE NEW CHURCH
Sunday 11 a.m. 10811 Sunset Plaza Circle #401, newchurchflorida.com. 481-5535.
UNITARIAN UNIVERSALIST
Sunday 10:30 a.m. 13411 Shire Lane, uucfm.org, 561-2700.
UNITY OF FORT MYERS
Sunday 10 a.m. 11120 Ranchette Road, unityoffortmyers.org, 278-1511.
WESTMINSTER PRESBYTERIAN CHURCH
Sunday 9:30 and 10:45 a.m. 9065 Ligon Court, 481-2125.
WORD OF LIFE
Sunday 10 a.m., Wednesday 7 p.m. 2120 Collier Avenue, 274-8881.
ZION LUTHERAN
Sunday 8, 9:30 and 10:45 a.m. 7401 Winkler Road, zionfm.org, 481-4040.✧

CROW Case Of The Week:

Hook And Line Victims



by Bob Petcher

Fishing line and hooks can reel in a good catch for an angler. The fishing gear can also be a major impediment or deadly debris for wildlife. Unfortunately, birds or other animals entangled in monofilament line are either in a helpless state or worse... deceased after a long struggle and slow starvation.

The fact is monofilament line and hooks that have been discarded or left by careless fishermen can entangle, choke, snag and even kill its victims. For example, birds have been found hanging upside down in trees, exhausted after hours of struggling to try to free themselves from being wrapped up in lines. It is also a fact that some of those animals suffer agonizing deaths due to the entanglement.

Not only can the clear, strong, flexible plastic do harm to birds, manatees, sea turtles, whales, dolphins and rays (to name a few), it also non-biodegradable. Scientists estimate it can take 300 to 500 years to decompose.

Anglers have been urged to dispose of any used or loose fishing line within provided monofilament stations, often found at boat ramps, fishing piers or other park sites that fishing takes place. These recycling stations can be important to the livelihood of all creatures around the sea and even humans who swim in open waters.

It is hoped that through continued educational awareness, more anglers will be reached and their behavior modified. Each fall, local marine cleanups events called Monofilament Madness encourage volunteers to help rid of discarded line and other debris from local waters via boats, kayaks, canoes, jet skis and anything else that floats. Officials have stated that previous Monofilament Madness cleanups have produced enough



Patient #18-1990 is attended to after having monofilament line wrapped around its body and two hooks embedded in it

photo by Brian Bohlman

discarded fishing line to stretch from Fort Myers to Tallahassee.

One of the most common victims of monofilament line entanglement is the brown pelican (*Pelecanus occidentalis*). At CROW, an adult brown pelican was

recently admitted to the clinic after it was found near Blind Pass with monofilament line wrapped around its body, preventing it from flying. The pelican also had two hooks, one embedded in its beak and the other in its left shoulder.

While CROW officials are uncertain how this particular patient became entangled or how the fishing gear got into its environment, discarded fishing line can be seen as "a likely cause."

The rehabilitation clinic is continuously involved in a campaign called Clear Your Gear with other island organizations such as The City of Sanibel, Sanibel Sea School, Monofilament Busters, SCCF, FWC and the "Ding" Darling Wildlife Society.

"Everyone can help prevent these types of injuries to wildlife," said Dr. Heather Barron, CROW's medical director. "If you are out enjoying nature and see fishing tackle that has been improperly discarded, pick it up and dispose of it properly in one of the many monofilament recycling bins located throughout Sanibel and Captiva."

In the brown pelican's case, the hooks and line were carefully removed using wire cutters upon the bird's intake. The wounds from the hooks were cleaned and bandaged. After about two weeks of care to ensure the wounds had properly healed, the pelican was able to be released.

In 2017, the rehabilitation hospital admitted 65 patients that arrived with fishing hooks or monofilament line entanglement. From January 1 through June 2018, there have been 60 patients admitted with hook and/or line entanglements.

If you are interested in getting involved in helping these creatures in their state of flux, visit www.clearyourgear.org for the dos and don'ts of unhooking a bird, monofilament cleanups, bin locations, data collections and public outreach and education.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

"Top 5 Breakfast in Florida" - Southern Living

BEST LUNCH & BEST FAMILY DINING



Now Serving **FULL LIQUOR**
Tropical Cocktails

Happy Hour
All Day Long

Outdoor
Tropical Dining



11 YEARS & COUNTING!

by Best of the Islands

Live Music &
Outdoor Games

Fresh Seafood &
Dinner Specials

Huge Kids
Menu

BREAKFAST, LUNCH & DINNER

239.472.0606 • SanibelIslandCow.com

Open 7 am - 9 pm • Open "8 Days a Week"

2163 Periwinkle Way • Sanibel Island



Dodging The Patchy Red Tide



by Capt. Matt Mitchell

Patchy areas of red tide were the news on the water this week, with it pushing in and out of the passes and causing all the bait in our livewells to die. Often these

small areas of red tide we experienced in the sound this week were located in and around the passes and moved fast. Luckily, most days all it took was the tide to change for it to move back out into the gulf.

There is not a more heart sinking feeling when guiding clients than pulling up to pick them up or heading into that first fishing spot of the day and all the live bait you have worked so hard to get is dead. This summer's never ending patchy red tide, along with what now includes some small areas of green floating algae being pushed down the river, have made it just tough going some days. This week, having a few other bait options on board of either dead baits, live shrimp or soft plastics saved a few days on the water when all our live bait fish died.

Moving quickly away from the passes during the red tide days to the eastern side of the sound, anglers found lots of life including big schools of threadfin herring and small fry bait. Bait fish and mullet are a quick tell tail sign of whether the area is free of red tide as these species are some

of the first affected. Many of the fish in the sound have moved east away from the passes during the red tide times and, once located, it's non-stop action. Look for the best action on the deeper grass flats ranging from four to six feet.

Trout, Spanish mackerel, jacks, small sharks and ladyfish have been all around these big bait schools in the middle to southeastern sound. Plastic jigs work well here but my go to has been a small pinfish fished under a float which has been catching a fish on basically every cast. Saving some of the ladyfish for cut redfish baits while doing this open flats fishing.

I stayed away from the passes for a few days and then had no issues with baits dying. Catch and release snook action in and around the passes is still going strong. Unfortunately, if you're heading into the passes, it's just not possible to see the red until it's too late and all your bait is dead. Heading to the passes went one of two ways: either non-stop snook action or catastrophic for your bait.

Until this red tide clears, I will continue to bring some other bait options along every day. Live or frozen jumbo shrimp have been my safety net as live shrimp do not get affected by the red tide. Although our live bait shrimp run on the small side this time of year, some live bait, no matter how small, is better than none. Soft plastic baits are another option with gulps being a good choice fished under a popping cork to catch most of the flats species.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✪



We're still catching snook in the passes when they are free of red tide photo provided

CLEAR YOUR GEAR

It Catches More Than Fish

Discard fishing line responsibly/in designated receptacles

BOAT RENTALS

Fishing • Cabbage Key
Dolphin Watching
Captains Available

472-5800
Jensen's Marina
Captiva Island

Send Us Your Fish Tales

We would like to hear from anglers about their catches.

Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification.

Email to press@islandsunnews.com or call 395-1213.

1

ISLAND MARINE SERVICES, INC.

- NEW MOTOR SALES • REBUILT POWERHEADS •
- FACTORY TRAINED •

MERCURY – MARINER – JOHNSON – EVINRUDE
SUZUKI – YAMAHA – OMC – I/O'S – MERCUISER

Courteous Professional Marine Repair Service • Dockside Service
Serving Sanibel & Captiva For Life

472-3380 • 466-3344

Dave Doane

Your Bottom Specialist
Call on Paint Prices

Plant Smart

Coastal Sandspur

by Gerri Reaves

Few plants are less welcome than sandspurs, and Florida has plenty of them. In fact, several sandspur species are native to the state.

Who doesn't have childhood memories of walking barefoot through a yard or field, only to be punctured by the powerful little burrs?

Or who hasn't wandered through weeds and emerged with spiky burrs clinging to clothing, shoes and socks?

Coastal sandspur (*Cenchrus spinifex*) is common in undeveloped lots and fields, in waste areas, along roadsides and sidewalks, and even in yards where homeowners don't keep a watchful eye.

This species is also called grass bur, coastal sandbur, field sandspur and spiny burrgrass.

This tough and resilient annual has a fibrous root system and can be found in South Florida throughout the year. It forms mats and grows well in sand, as the name implies. They rarely grow in wetlands areas.

The jointed stems, or culms, grow from only a few inches long to over two feet. The plant can be sprawling or upright and sometimes forms runners.

The flat leaf blade is two to six inches long and very narrow. The edges of the sheath – the lower part of the leaf that encloses the stem – have little hairs.

The terminal inflorescence is a group of up to 20 shiny burrs that each have



Sandspurs thrive in untended weedy areas
photos by Gerri Reaves

eight to 40 spines.

One way to take revenge on sandspurs is to eat them.

An interesting nutritional fact: the seeds of this member of the grass family are high in oil content.

Of course, the spines must be removed before preparing the dish – a porridge, for example.

Several inventive methods are



Each burr holds many daunting spines that can puncture skin or attach to clothing, shoes, or animal fur

recommended for separating the spines from the seeds: roasting off the spines while holding the stem (think marshmallow roast), the age-old practice of pounding and winnowing, and rubbing the burrs between pieces of leather or other impenetrable material.

Whether you curse or eat sandspurs, remember that, troublesome though they are, they are natives and evolution has

given them a function in the ecosystem.

Sources: *Common Grasses of Florida and the Southeast* by Lewis L. Yarlett, *National Audubon Society Field Guide to Florida* by Peter Alden et al., www.eattheweeds.com, www.floridagrasses.org, www.regionalconservation.org, and www.wildflower.org.

Plant Smart explores the diverse flora of South Florida.*



A black bear wrestles a garbage can
photo by Tim Donovan

BearWise Funding Added To Reduce Conflicts

For a third year in a row, the Florida Fish and Wildlife Conservation Commission (FWC) is inviting local governments to apply for BearWise funding to help their communities reduce human-bear conflicts.

The FWC will focus on providing funding to local governments with BearWise ordinances that require

residents and businesses to keep garbage secure from bears. The funding will offset the costs for residents and businesses to use bear-resistant equipment to secure their garbage from bears.

Gov. Rick Scott and the Florida Legislature appropriated the FWC \$500,000 in BearWise funding starting July 1.

"These new funds will allow us to expand our work with local governments to make it easier for people to avoid conflicts with bears,"

continued on page 18



BAILEY-MATTHEWS
NATIONAL
SHELL
MUSEUM

BOGO HALF OFF



MUSEUM
BEACH WALK



MUSEUM
ADMISSION

BUY ONE AT FULL PRICE, GET THE OTHER HALF OFF!

Museum open 10 am-5 pm daily
3075 Sanibel-Captiva Road
Sanibel, FL 33957
SHELLMUSEUM.ORG



LEE COUNTY
VISITOR &
CONVENTION BUREAU

Beach walks daily at 9 am
Departure from Island Inn
Advance reservations required at
SHELLMUSEUM.ORG/BEACH-WALKS



Olive the barred owl

photo provided

Conservancy Adds Animal Ambassador

The Conservancy of Southwest Florida has announced the addition of a barred owl to its family of animal ambassadors.

Olive, an adult barred owl, was admitted to a Sarasota-area wildlife center in late 2017 before being transferred to the Conservancy for further examination. Unfortunately, Olive had sustained multiple injuries to the left wing that doctors considered permanent, leaving the owl unable to fly.

"Although unable to live in the wild, Olive is already becoming a star on our animal ambassador team," said Dr. Heather Skaza Acosta, Conservancy of Southwest Florida's education director. "Our ambassadors serve a vital role in helping to educate visitors about a species, and having Olive at the von Arx Wildlife Viewing Pavilion provides guests with an up-close connection to the species with

whom we share our home."

Barred owls are robust with round heads, light yellow bills and dark brown eyes, and emit loud, piercing calls, almost like a scream. Their feather patterns alternate white and brown. Barred owls typically live in dense, mature forests or wooded habitats in both rural and urban areas, conducting much of their hunting at night.

Olive was named following a social media campaign this spring, and Conservancy staff revealed the name during the center's Earth Day Festival on April 21.

Other ambassadors at the Conservancy include Horatio, a red-tailed hawk, and Aquila, a bald eagle, along with several alligators and multiple species of snakes, turtles, fish and more. The Conservancy, which has a goal of protecting the area's water, land, wildlife and future, incorporates ambassador animals into its education program to inform Nature Center visitors about native and non-native species that call Southwest Florida home.

Visit www.conservancy.org for more information.✱

Free Summer Programs At Refuge



Hike with a refuge educator along Indigo Trail any Thursday morning this summer

photo provided

Wildlife Wonders talks, weekly walks and nature crafts highlight the free summer programs running June 6 through August 4 at the JN "Ding" Darling National Wildlife Refuge on Sanibel Island.

Summer programming is made possible by support from the "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS). The schedule of weekly activities follows. No pre-registration is necessary.

Reading in the Refuge, every Wednesday at 10 a.m. – Attendees of each 45-minute reading-and-crafts session learn about a refuge animal and make a take-home craft related to it. Meet in the Visitor & Education Center classroom.

Indigo Trail Walk, every Thursday at 10 a.m. – Join refuge naturalists as they lead a one-hour tour to the Wildlife Education Boardwalk to identify

and discuss the ecosystem's plants, mammals, birds and reptiles. This is geared for adults and children. Bring water, sunscreen and bug spray. Meet at the flagpole in front of the Visitor & Education Center.

Family Beach Walk, every Friday at 9 a.m. – The one-hour program convenes at Gulfside City Park to explore the refuge's gulf-front Perry Tract. City parking fees apply. Bring water, sunscreen and bug spray.

Wildlife Wonders, every Saturday at 11 a.m. – Refuge education staff members lead this 30-minute indoor program about the mysteries of manatees, alligators, crocodiles, horseshoe crabs and birds in the Visitor & Education Center auditorium.

For more information, call 472-1100 ext. 237 or visit www.dingdarlingsociety.org/articles/free-refuge-programs.✱



naturebrackets.com
info@naturebrackets.com

New Designs Available at
Forever Green Ace Hardware
2025 Periwinkle Way • Sanibel, FL

For a Full Mailbox
call Dave at
(239) 454-1001



Help SCCF Bring Back the Barn Owls

Poisoned rats can kill the eagles, hawks, bobcats and owls that eat them.

Tell your pest control
professional to **NOT** use
these rat poisons:

- brodifacoum
- bromailone
- difenacoum
- difethialone

SCCF
472-2329
sccf.org

Or consider not using any rat poisons at all.
Instead, seal all entry points to your home.





CONRIC PR & Marketing co-owner Connie Ramos-Williams and Senator Lizbeth Benacquisto, center with plaque, and the rest of the marketing team photo provided

Marketing Firm Receives Award

On June 26, Sen. Lizbeth Benacquisto presented CONRIC PR & Marketing owners Connie Ramos-Williams and Rick Williams and the CONRIC team with The Florida Senate Medallion of Excellence for commitment to serving the community.

"It's such a joy to recognize Connie Ramos-Williams and her entire team at CONRIC PR & Marketing for their dedication to those most in need

throughout Southwest Florida," Sen. Benacquisto said. "Connie and her team are always there, making a difference in our community, not just helping her clients reach success, but also helping organizations and individuals who serve the neediest of the needy."

The Florida Senate Medallion of Excellence is bestowed upon companies that go above and beyond to make the community a better place to live through generous service and goodwill. Jeanne Sweeney, president of the Above Board Chamber of Florida, nominated CONRIC PR & Marketing for the honor.

"CONRIC PR & Marketing gives from the heart, leads by example, mentors others and has given more than a half million dollars in pro-bono services and monetary donations to those in greatest need over the past five years," Sweeney said. "It makes me happy to see this outstanding team receive the recognition it deserves."

"Our team is passionate about our community and starts each day with purpose," Ramos-Williams said. "Our purpose is to exceed expectations, make a positive impact, and give everything our all. We are all-in!"

Republican Women

Lee Republican Women Federated will hold its August dinner meeting at Pinchers – The Marina at Edison Ford on Monday, August 13. The social begins at 5:15 p.m. The dinner and program will follow.

August's speakers will be Heather Fitzenhagen, Linda Doggett, Amira Fox, Ruth Rodrigues and Kathy Smith. They will be speaking on what it is like to be a candidate and/or spouse of a candidate. Cost is \$25 to attend. The public is welcome.

Pinchers – The Marina at Edison Ford is located at 2360 West First Street in Fort Myers. Send an RSVP to Wren Morefield at 270-210-1284 or wrenspet@hotmail.com before Thursday, August 9 at noon. For more information, visit www.leerepublicanwomen.com.

Gulf Coast Writers

Attention writers! The Gulf Coast Writers will hold a meeting at Zion Lutheran Church on Saturday, July 21 from 10 a.m. to noon. Guest speaker will be Ronnie Walter, an illustrator, author and noted greeting card genius. First time guests are offered free admission.

Zion Lutheran Church is located at 7401 Winkler Road in Fort Myers. For more information, call 770-906-7885 or visit www.gulfwriters.org.

Custom

PLUMBING

NEW CONSTRUCTION | REMODELS | REPAIRS

24HR
emergency
service

**ACCREDITED
BUSINESS**

- ☐ Residential & Commercial
- ☐ Sewer Backflow Valves
- ☐ Drain Line Cleaning
- ☐ Ejector Pumps, Faucet Repair
- ☐ Broken Pipe Repair
- ☐ Garbage Disposals, Sump Pumps
- ☐ Hydro-jetting, Overhead Sewers
- ☐ New Construction Residential & Commercial

- ☐ Sewer Repair, Toilet Repair
- ☐ Sewer and Water Connection
- ☐ Re-piping, Sewer Cleaning
- ☐ Sinks, Toilets, Faucets
- ☐ Code Violations Corrected
- ☐ Tank-less Water Heater
- ☐ Video Camera Inspections
- ☐ Bathroom & Kitchen Remodels

Video Inspection Special Only \$299

CFC-058021

239-332-5334

"The Bitterness of Poor Quality Remains long after the Sweetness of Low Price is Forgotten"

Your "Go To" Plumber For All Of Lee County For Over 28 Years



Suzanne Boy photos provided

Panel Discussion On Workplace Equality

Several of the area's top experts in their fields will take part in a panel discussion entitled, 'Time's up! How to protect your employees and



Jason Gunter

business in a #MeToo world, planned for an upcoming Greater Fort Myers Chamber of Commerce business at breakfast meeting. The event will be held on Thursday, July 26 from 8 to 10 a.m. at Broadway Palm Dinner Theatre, located at 1380 Colonial Boulevard in Fort Myers.

Moderated by Suzanne Boy, an employment attorney at Henderson Franklin, the panel will provide guests



Vicki Sproat

with valuable advice on sensitive issues such as workplace equality and sexual harassment. Attendees will learn specific actions to help foster a respectful and harassment-free workplace, how to develop and enforce an anti-harassment policy, and day-to-day management practices that safeguard an organization and its employees. Panelists include: Jason Gunter, employment attorney at The



Anna Suarez

Law Office of Jason L. Gunter, PA; Vicki Sproat, employment attorney at Sproat Workplace Investigations; and Anna Suarez, human resources director at Harry Chapin Food Bank of SWFL.

The cost for the event is \$20 and includes networking, the panel discussion and breakfast. For more information or to register, visit <http://members.fortmyers.org/events> or call 332-3624.*

Attorney Talks Ethics At Florida Bar Seminar

The Florida Supreme Court is cracking down on attorney misconduct, making it more important than ever for lawyers to understand the rules of ethics. Hundreds recently heard Florida lawyer regulation attorney Henry Lee Paul speak about defending lawyers in grievance proceedings during the Masters Seminar on Ethics at The Florida Bar's annual convention in Orlando.

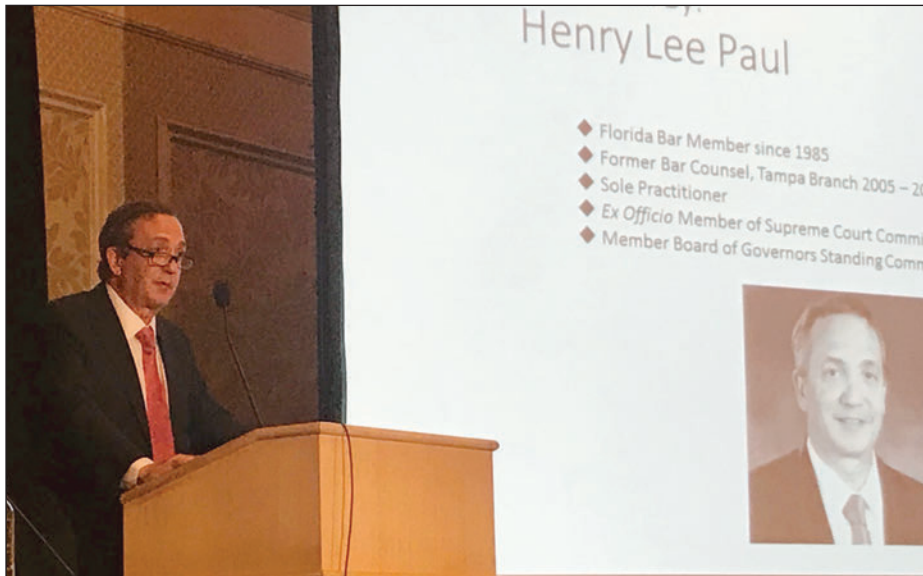
"The harsher sanctions are an extension of the growing number of Florida Bar members and law schools across the state," Paul explained. "The high volume of attorneys isn't aligned with the demand at larger law firms, forcing more and more lawyers to create solo and small practice firms that lack the accountability of longstanding institutions," Paul said.

There are now more than 106,000 members of The Florida Bar and 12 law schools statewide.

"You have a lot of people coming out of law school \$250,000 in debt and they can't get a job, so they hang out a shingle," Paul said.

That puts the onus on attorneys to understand the landscape. Paul covered how to avoid ethics complaints and common reasons why those complaints are filed with The Florida Bar, with a focus on proactive steps. His presentation included six best practice tips to avoid trust account bar complaints, the most common variety.

"The best way to defend against a



Henry Lee Paul

photo provided

bar complaint is not to get one," Paul said.

Paul agrees with fellow seminar speaker Steven W. Teppler of Abbott Law Group, PA, who explained that an up-to-date understanding of technology, particularly as it relates to record-keeping and security, is part of every attorney's responsibility to ethically serve their clients.

The seminar also included a panel on the intersection of ethics and lawyer health and wellness with the following participants:

John T. Berry, legal division director for The Florida Bar

Judy Rushlow, executive director of Florida Lawyers Assistance

Richard Bush, senior partner at Bush & Augspurger, PA.

Dori Foster-Mrales, mental health

and wellness committee chair for The Florida Bar

Ken Landis, writer and lecturer on topics related to professional responsibility and lawyer liability.

Paul and many of the other speakers were part of a discussion recorded after the seminar for an episode of *The Florida Bar Podcast*. The episode is available through iTunes, Google Play and legaltalknetwork.com.

The entire seminar is available online by going to The Florida Bar's Continuing Legal Education website at www.tfb.inreachce.com and typing Masters Seminar on Ethics into the search field. The course number is 2777R, and it provides three hours of ethics credit and one hour of technology credit for attorneys.*

Middle School Wins Award

Paul Laurence Dunbar Middle School (PLDMS) has been honored with the Best Communities for Music Education designation from The NAMM Foundation for its outstanding commitment to music education.

The Best Communities for Music Education designation is awarded to schools that demonstrate outstanding achievement in efforts to provide music access and education to all students.

"It's an honor to be one of 135 in the nation, and one of only three in Florida," said Dr. Nathan Shaker, principal at Paul Laurence Dunbar Middle. "Music, theater, the arts are foundational to our success in academics and in creating a positive school culture. All of these areas are not only strong communities for our middle schoolers, they are arenas to excel, to make your mark, and for students to feel good about who they are what they can create."

To qualify for the Best Communities designation, PLDMS answered detailed questions about funding, graduation requirements, music class participation, instruction time, facilities, support for the music program and community music-making programs. Responses were verified with school officials and reviewed by The Music Research Institute at the University of Kansas.

The NAMM Foundation is a nonprofit supported in part by the National Association of Music Merchants and its approximately 10,300 members around the world. The foundation advances active participation in music making across the lifespan by supporting scientific research, philanthropic giving and public service programs.*

Marketing Firm Adds Coordinator

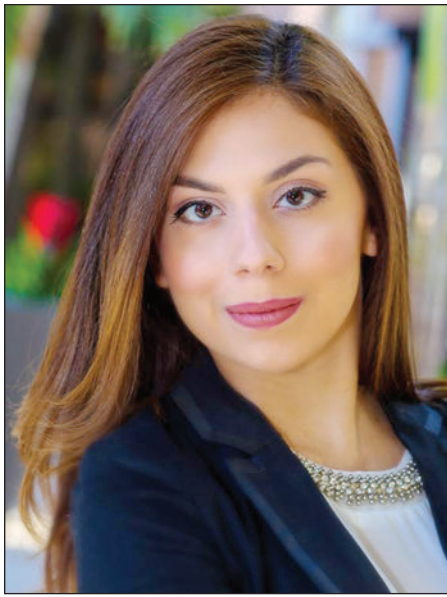
CONRIC PR & Marketing has named Katherine Viloria as marketing coordinator.

"As we continue to expand our digital marketing reach locally and nationally, we continue to grow our CONRIC team, adding key professionals and skill sets to ensure the success of our clients," said Connie Ramos-Williams, president of CONRIC Public Relations & Marketing.

Viloria will develop and distribute strategic digital content that includes key messaging, storytelling, videography, photography and design. This includes digital distribution of multimedia messaging, utilizing tools such as news releases, social media, blogs, websites, advertising and promotional marketing. Her keen eye and skill in videography and photography will help the firm's local and national clients grow and succeed in a rapidly evolving marketplace.

"I am so excited to be part of a team of individuals who get the importance of working together," Viloria said. "Everyone here understands what it takes to help our clients take their organizations to new heights."

Viloria worked as a digital content producer at WINK-TV, assisting in the execution of a coordinated plan for the station's online and social media properties while meeting brand expectations. Before that, she worked at HSN as a television production technician and helped produce live content for a broad national audience.



Katherine Viloria photo provided

She was also a promotions coordinator for Beasley Media Group, organizing events and listener outreach.

"I made it a goal to find an organization that will allow me to grow in my career, and I feel that I have found that in CONRIC," Viloria said. "As the saying goes, 'If you do what you love, then you'll never work a day in your life.' I can already feel that's the case here."

Viloria graduated from the University of South Florida (USF) with a bachelor of arts in mass communications. She was USF chapter president of the Online News Association and interned with WFLA-TV and WFTS-TV.✱

Lawyer Among Inaugural Class Of Experts

Attorney Amanda Barritt has achieved the highest certification by The Florida Bar in Condominium & Planned Development Law. Board certified lawyers' experience and competency have been rigorously evaluated and have met the Bar's highest standards for special knowledge, skills and proficiency in various areas of law and professionalism and ethics in the practice of law.

Barritt is chair of the Condominium and Homeowners' Associations practice group for Henderson, Franklin, Starnes & Holt, PA. She represents residential and commercial condominium, homeowners' and property owners' associations, nonprofit social and recreational clubs, developers, builders and individuals in all aspects of real estate development, operation, and condominium and property association law. Barritt also handles general real estate legal matters, including drafting contracts and managing title issues in all types of real estate transactions. Barritt speaks often to community association management groups and writes on these topics on Henderson Franklin's blog, *The Legal Scoop on Southwest Florida Real Estate*. She holds the highest AV rating by Martindale Hubbell.

Barritt is a member of the Real



Amanda Barritt photo provided

Estate Investment Society, Real Property Probate & Trust Section and Condominium and Planned Development Committee of The Florida Bar, Lee County Bar Association and Lee County Association of Women Lawyers. She is also the leader of her daughters' Girl Scout troop, and a member of an allocations team for the United Way of Lee, Hendry, Glades and Okeechobee counties.

Barritt received her undergraduate degree from Auburn University (BID, cum laude, 1999) and her law degree from Florida State University (JD, cum laude, 2003).✱



Pilot Club of Fort Myers 2018-19 officers, front from left, Fran D'Alessandro, president; Joy Augustine, president-elect; Linda Hessler, treasurer; and Jody Van Cooney, secretary. Back from left, board members Janet Davenport, Heather Messmer and Diane Jensen.

photo provided

Pilot Club Installs Officers

The Pilot Club of Fort Myers installed its 2018-19 officers and board recently. Fran D'Alessandro will serve as president, Joy Augustine is president-elect, Linda Hessler will serve as treasurer and Jody Van Cooney as secretary. Board members include Janet Davenport, Heather Messmer and Diane Jensen.

The focus of the Pilot Club of Fort Myers is helping organizations seeking to improve the quality of life for individuals with brain-related disorders through volunteer activities, education and financial support. The club name came from a riverboat pilot who could steer safely through troubled waters. The club's motto is "do more, care more, and be more." For information about the Pilot Club, contact the president, Fran D'Alessandro, at 332-1140.✱

NEW DAY, NEW ADVENTURE AT THE MUSEUM

Experience a different adventure at the Museum each day from 1-2 p.m.



Plus, EVERY day:
Shell Arts & Crafts, Tank Talks,
and Beach Walks departing
from the Island Inn

* Free with paid Museum admission.

** Preregistration required at
ShellMuseum.org/beachwalks
Schedules subject to change.

3075 Sanibel-Captiva Rd.
Sanibel, Florida 33957

(239) 395-2233
Open Daily, 10 a.m.-5 p.m.

SHELLMUSEUM.ORG



BAILEY-MATTHEWS
**NATIONAL
SHELL
MUSEUM**

Superior Interiors

Light Up Your Life



by Marcia Feeney

Proper lighting plays such an important part in the success of any design plan. I find that few of my clients truly think about the impact that lighting can have on the successful

completion of their design project.

Dining room chandeliers can be the design inspiration for the room itself. Here are a couple of rules to ensure your chandelier is properly hung in your dining room. First rule is that the entire chandelier should be no wider than 12 inches less than the width of the table. Second, the bottom of the chandelier should be no lower than 30 inches above the tabletop, in a room with an 8-foot ceiling. Finally, if your ceiling is higher than that, raise the fixture three inches higher for each additional foot of ceiling height.

How about a chandelier placed in the master bath or powder room for that matter. A dramatic fixture adds another element of texture and drama in a bath setting.

Now let's talk a bit about bedroom lighting – and specifically task lighting. Matching lamps flanking the bed should be positioned at a proper height for evening reading. An advantage of lamps

positioned in this manner provides an effect of washing the walls with even lighting, which can make a room appear larger.

The play of light can enhance a beautifully designed living room. Place a swivel, task lamp between two side chairs. They are beautiful and practical and are not obtrusive to an overall design plan and furniture arrangement in a room. Table lamps are available in any size to balance the height of different end tables, providing just the right amount of task lighting to each side of a sofa. Recessed accent lighting is another excellent way to draw the eye up and add extra height to a room. A carefully integrated lighting plan can make a beautiful difference.

Kitchen lighting requires careful planning, because there are so many options to consider. Pendant light is used to light areas such as a kitchen island. One option is three pendant lights designed to illuminate the island and the ceiling as well. The addition of a drum pendant light hung over the dinette table could make a design statement as well as providing illumination.

I'd really like to urge you to consider updating your lighting fixtures because they can help you dramatically change the way your home looks without a tremendous investment. And remember, you can make a room seem larger by washing its walls with even lighting, and conversely you can make a larger room feel smaller and cozier by lighting just a few areas with pools of light.

Marcia Feeney is an interior designer on Sanibel/Captiva Islands. She can be reached at marcia@coindceden.com.✪

Officer Of The Year Finalists Announced

Five local law enforcement officers have been announced as finalists for the Officer of the Year award to be given at the fifth annual 2018 Law & Order Ball, hosted by the Rotary Club of Fort Myers South on September 15 at Germain Arena. The five officers have demonstrated exemplary conduct and achievements and had a significant impact on their agency and/or area of responsibility.

The 2018 Law & Order Ball Officer of the Year finalist are:

Officer Emelia Lock, Fort Myers Police Department

K-9 Officer Stephen Scrobe, Cape Coral Police Department

Sergeant Sylvester Smalls, Lee County Sheriff's Office

Deputy Sheriff Michael Truscott, Lee County Sheriff's Office

Sergeant Domonic Zammit, Fort Myers Police Department

The finalists are chosen through a blind judging process from the following agencies: Cape Coral Police Department, Florida Southwestern State College Police Department, Florida Gulf Coast University Police Department, Fort Myers Police Department, Lee County Port Authority Police, Lee County Sheriff's Office and

Sanibel Police Department. One officer will be announced as the prestigious Officer of the Year at the ball, where they will receive a custom award designed by fine jeweler and honorary Rotarian, Mark Loren.

Registration for the Law & Order Ball is \$175 per person and \$1,750 for a table for 10 guests. Now in its fifth year and celebrating the 50th anniversary of the Rotary Club of Fort Myers South, the black-tie optional gala is hosted by the Rotary Club of Fort Myers South and is open to the public. Paying tribute to Lee County law enforcement officers, the event raises funds for the Rotary Club of Fort Myers South Foundation, which provides grants to Lee County law enforcement agencies and local non-profit organizations.

Creighton Construction and Development has returned as the Law & Order Ball's presenting sponsor. Additional sponsors include: The Eventful Company, RapidPrint, Edison National Bank, Fort Myers Police Department, Henderson, Franklin Attorneys at Law, Siesta Pebble, Southwest Florida Public Service Academy, Suncoast Credit Union, Aubuchon Team of Companies, Bank of the Ozarks, Finemark Bank, Florida Power & Light, Markham Norton Mosteller & Wright, Millennium Physicians Group, Round Table Provisions and Pushing the Envelope.

Sponsors, silent auction items and other contributions are still needed for this year's program. For more information about the event, to become a sponsor, or to make a contribution, visit www.lawandorderball.org or contact info@lawandorderball.org.✪

Financial Focus

Don't Let Your Investments Go On Vacation



by Jennifer Basey

Summer is here – and so is vacation season. Americans spend a lot on their summer getaways – more than \$100 billion in 2017 alone, as reported in *Travel and Leisure* magazine.

When you hit the road, you will enjoy getting away from your regular tasks, but there's one part of your life that should never take a break – your investments.

To keep your investments working consistently and efficiently for you, consider these suggestions:

Match the right investment with the right "job." You hire an electrician to install a light fixture, you employ a plumber to clear a clogged drain, and you would not expect either one to work on the other's project. In a way, this view of a division of labor is similar to how you might look at different investments. In general, you purchase stocks with the hope of achieving the growth necessary to help you meet long-term goals, such as a comfortable retirement. On the other hand, when you purchase certain fixed-rate investments such as certificates of deposit (CDs) or money market accounts, you know they won't provide as much growth potential, but are available to fund a short-term goal – such as a dream vacation.

Evaluate investments' performance relative to your goals. Some people think the only way to evaluate their investments' performance is to track them against a well-known market index, such as the S&P 500. However,

using an index as a measuring stick has some drawbacks, one of which is the lack of a personal connection to your situation. Look at it this way: In many types of organizations, you typically go through performance reviews, where your work is assessed in terms of how well it helped you move toward your goals – and you can follow the same process with your investments. Specifically, you can measure their performance by how effective they are in helping you move toward your financial objectives. For example, if you need your portfolio to provide you with a certain rate of return to meet specific retirement goals at a designated age, but you find that you are not currently on track toward meeting these goals, you may need to adjust your investment mix to potentially provide you with a higher return. Be aware, though, that seeking higher return potential will likely mean taking on more risk. You may want to consult with a financial professional to make sure you find a risk/reward ratio suitable for your goals and risk tolerance.

Look for hard-working investments. Some investments work especially hard. Some stocks, or investments containing stocks, pay dividends. Instead of taking the dividends, you can choose to reinvest them, purchasing even more shares – and increased share ownership is one key to helping build financial resources for the long term. Dividend reinvestment is typically automatic, so once you have chosen this option, there's really no extra work on your part. (Keep in mind, though, that companies are not obligated to pay dividends, and they can be reduced or eliminated at any time.)

In the investing arena, as in many endeavors, hard work can be rewarding. So look for opportunities to keep your investments gainfully employed throughout your life.

This article was written by Edward Jones for use by your local Edward Jones financial advisor. Jennifer Basey is a financial advisor in Fort Myers. She can be reached at jennifer.basey@edwardjones.com.✪

From page 13

BearWise

said Kipp Frohlich, director of the FWC's Division of Habitat and Species Conservation.

The FWC invites counties and cities to submit applications to be considered for funding. Preference will be given to applications from areas with BearWise ordinances and to large projects benefiting a large number of people.

Local governments are strongly encouraged to consult with FWC staff to discuss options and implementation before submitting their applications. The FWC will assist any local government considering passing an ordinance, including providing example ordinances.

Since 2007, the FWC has provided

almost \$1.6 million in BearWise funding to residents and businesses in the 16 counties with the highest levels of human-bear conflicts in Florida. Funds have been used to purchase over 10,000 bear-resistant trash cans, 9,700 sets of hardware to secure regular trash cans and 160 dumpsters modified to keep bears out.

For a community to be considered, the FWC must receive applications before close of business on August 1. Applications should be emailed to bearmangement@myfwc.com or mailed to: The Florida Fish and Wildlife Conservation Commission, Attention: Bear Management Program, 620 South Meridian St., 6B, Tallahassee, FL 32399.

For more details on the funding and application process, visit www.myfwc.com/bearwise.✪

Book Review

The Fallen

by Di Saggau

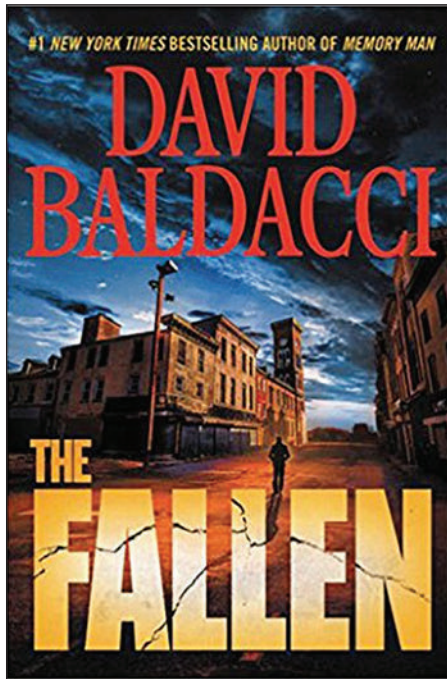


Amos Decker, one of our favorite characters, is back again in David Baldacci's *The Fallen*. This time Amos and his FBI colleague Alex Jamison go on vacation to a small

town in western Pennsylvania, named Baronville, to visit Alex's family. It's a town where almost everything has the name Baron in it and for good reason. Years ago, the Barons pretty much kept the town going as far as jobs and industry were concerned. Today, Baronville is one of the last places anyone would want to live, and the name Baron is not said lovingly. Shortly after Amos and Alex arrive in the Rust Belt town, four bizarre murders take place in two weeks.

Amos, with his special abilities, especially his memory, gets heavily involved in solving what's going on in the town. The economy is crumbling in the former mill and mining town, and opioid addiction is rampant. The more he investigates, the stranger things he comes across. There are many secrets, and there are people who will do whatever it takes to keep them from coming to the surface. It's all about drugs and greed and murder.

There are lots of interesting characters, and we don't really know who the bad guys are until Amos starts to put the pieces together. I especially liked John Baron IV, the last living survivor of the family that literally created the town. He is scorned and despised by the townsfolk for no reason other than his name. He has a sense of



humor and uses witty one-liners even to the angry and vengeful population. John's parents drowned in a pond on the property when they were in their 40s. Even this mystery is solved by the book's end.

There are many storylines in the book, but it's easy to keep them separate and then find out how they all fit together. Baldacci has done his research on huge fulfillment centers where millions of packages are shipped daily. A new facility in Baronville employs 1,000 people and plays a huge part in the plot. When one murder hits close to home, affecting the lives of people he cares about, Amos begins to realize that the recent string of deaths may be only one small piece of a much larger scheme that reaches far beyond Baronville. *The Fallen* is definitely among Baldacci's best.✱

School Smart



by Shelley M. Gregg, NCSP

Dear Shelley,
My child will be going to kindergarten in August. I am just not sure that he is ready to go. We have the option of going to a great daycare for another

year. What are some things I should look for so that I am sure that he will do well in kindergarten.

Elizabeth G, Fort Myers Beach

Elizabeth,

You are facing a difficult decision about enrolling your child in kindergarten when you still have some doubts about his readiness. Although your child has now reached the age when he is allowed to begin school, it is important to be assured that your child is cognitively and emotionally ready to start kindergarten. Listed below are a few helpful hints from the Virginia Academy of School

Psychologists to help you assess your child's general developmental level and readiness for this big step.

Cognitive skills

Child is able to use five to eight words in a sentence

Knows basic colors like green, yellow, red, blue, orange

Child is able to memorize address and phone number

Identifies some letters of the alphabet and a few numbers (if taught)

Child is able to count up to 10 objects

Language skills

Child is able to say both first and last names

Child is able to follow a two-step simple direction

Child is able to ask and answer

questions correctly

Child is able to take turns when talking with others

Speaks fluently and correctly using plurals, pronouns and tenses

Gross motor skills

Child runs in a controlled manner, able to start, stop and turn

Able to walk on tiptoes

Has experience with jumping, skipping, hopping and swinging

Uses a fork and knife well

Can throw and catch a bounced ball
Fine motor skills
May be able to copy simple shapes and designs

Able to cut with scissors
Child has hand preference established
Child is able to dress self with little

assistance

Social/emotional skills

Child organizes other children and toys for pretend play, but may confuse fantasy and reality at times

Is able to distinguish right from wrong

Can take turns and share, but doesn't always want to

Child may want to do things on his or her own, but still has fears of things like loud noises, the dark, animals and some people

Child is starting to name feelings, but may still act them out

Remember that each child grows at his/her own pace. Therefore, the information in this section is based on what the average kindergarten child is able to do. You know your child best. If you feel that your child may have some delays in his development, it is important to speak to your child's pediatrician or school personnel about your concerns.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✱

Top Producers



McMurray and Nette



Brian Murty



Tracy Walters

The top producers for the month of June at the Royal Shell Real Estate Sanibel/Captiva office were: McMurray and Nette, top listing producers team; Brian Murty, top listing producer individual/partners; McMurray and Nette, top sales producer team; and Tracy Walters, top sales producer individual/partners.✱

Available at
www.AMAZON.COM
www.EDITORIALRXPRESS.COM

Female Pioneers of Fort Myers

Women Who Made a Difference in the City's Development

By Robin C. Tuthill and Thomas P. Hall

“Packed with facts and employing an engaging storytelling style, [Female Pioneers of Fort Myers] both teaches and entertains. Local history buffs and newcomers to history will value Tuthill and Hall's research and appreciate the accessible format, too.”

Geri Reaves, PhD, author of *Legendary Locals of Fort Myers* and *Fort Myers, Then & Now*

It's A Great Weekend Of Men's And Women's Senior Golf



by Ed Frank

Local fans of senior golf – and there's tens of thousands in our area – should relish this weekend as both the Senior Players Championship and the inaugural U.S. Senior Women's Open will be held this weekend on two iconic golf courses in the Chicago area.

The world's top 50 senior players will compete at the historic Exmoor Country Club, founded in 1896, and the "who's who" of women golfers of yesteryear will tee it up at Chicago Golf Club, the ultra-exclusive course that is compared to Augusta National, home of the Masters.

Senior championship golf in our area has been a proven success for more than 30 years as the Chubb Classic has been held here each February for 31 years, the longest running Champions Tour tournament in the same metropolitan area.

Interestingly, one of the favorites this weekend at the Senior Players Championship is ageless Bernhard Langer who, since turning 50, has 37 Champions Tour Victories, including three Chubb Classic wins here in 2011, 2013 and 2016.

Langer's 37 titles on the 50-and-over tour are second only to Hale Irwin's 45. Age certainly has not slowed Langer down as the 61-year-old German is third in earnings this year on the Champions Tour, pocketing \$1,076,000. He has seven top 10 finishes, one win and made the cut in 13 of 14 tournaments. The two-time Masters champion has 111 worldwide titles.

Langer has been a popular figure here and will carry a favorite's role this weekend in Chicago. The four-day tournament, with a \$2.8 million purse, will be televised live on the Golf Channel.

Now to the inaugural Women's Senior Open: Tournament Chairman Jack Gleason said the event was created "for the love of the game." And what a coup to land the first event at the Chicago Golf Club – strictly a club for golf with no tennis courts, swimming pool and even the lack of air conditioning in the clubhouse.

But the 114-year-old club will host 120 senior professional women golfers headed by Hall of Famer Pat Bradley.

Here is a sampling of former U.S. Open Women's Champions who will compete this weekend – Laura Davies, Jane Geddes, Betsy King, Amy Alcott, Liselotte Neuman, Patty Sheehan, Hollis Stacy, Jan Stephenson, JoAnne Gunderson, Juli Inkster and Alison Nicholas.

Two of the sentimental golfers this weekend are the 67-year-old Bradley and Inkster. Bradley is a World Golf Hall of Fame member with 36 professional wins. Inkster remains a competitor on the LPGA.

This inaugural event carries a \$1 million purse. It will be televised live on Fox Sports 1.

It will be a great weekend of men's and women's senior golf.

Miracle Slip Into Third Place

With a 3-7 record in July through Monday of this week, the Fort Myers Miracle slipped to third place in the Florida State League South Division, but just one game behind first-place Charlotte.

The Miracle is on the road this weekend at Lakeland, returning home to Hammond Stadium Monday for a six-game home stand against St. Lucie and Lakeland.

The Minnesota Twins Miquel Sano continues to work on his batting here with the Miracle recording a .315 average in 15 games with seven RBIs.✪

PACE Center Awarded Sports 4 Life Grant

The Women's Sports Foundation and espnW, in collaboration with the Ralph C. Wilson, Jr. Foundation, recently announced PACE Center for Girls, Lee County as a 2018 recipient of the Sports 4 Life initiative, a national effort to increase the participation of girls in youth sports programs.

Sports 4 Life, co-founded by the Women's Sports Foundation and espnW in 2014, and supported by the Ralph C. Wilson, Jr. Foundation, supports programs that help girls in four foundational areas – leadership, self-esteem, confidence and perseverance – with the expectation that growth in these areas will also support girls' physical and emotional health and academic success. PACE Lee is the first recipient of the Sports 4 Life grant in Southwest Florida.

"Our vision is that one day, all girls will have the opportunity to reach their full potential through the transformative experience of sports," said Deborah Antoine, CEO of the Women's Sports Foundation. "Even more than we believe in the power of sports, the Women's Sports Foundation believes that all girls – regardless of race, ethnicity, gender identity or

expression, sexual orientation, ability, zip code or family income – deserve equitable access to the lifelong benefits of sports. We're proud to team up with espnW and the Ralph C. Wilson, Jr. Foundation to make that vision a reality."

"In a few short years of commitment and focused attention, we have seen the tangible positive results that Sports 4 Life has brought to the lives of girls of color across the country," said Laura Gentile, ESPN senior vice president, espnW and ESPN business operations and content strategy. "This program demonstrates the universal value and appeal of sports, and it is an integral piece of the espnW mission. We look forward to continuing to empower girls to realize their full potential through sports."

Since the initiative's inception in 2014, Sports 4 Life has awarded 200 grants totaling more than \$1.1 million and reaching more than 50,000 girls nationally.

"As a young organization, PACE Lee is grateful for the Sports 4 Life grant which will provide the necessary funding to enable us to implement new physical education programming for our PACE girls that would not have otherwise been possible," said Meg M. Geltner, executive Director of PACE Center for Girls, Lee County. "Thank you to the Women's Sports Foundation for helping us turn our vision into reality."✪

SPORTS QUIZ

1. Who was the last World Series winner before the Chicago Cubs in 2016 to reach the playoffs in the next season?
2. When was the last time before 2017 that the University of Miami, Fla., failed to make the NCAA postseason in baseball?
3. Name the only NFL defensive player to win the Pro Football Writers of America's regular-season MVP Award.
4. St. Mary's men's basketball team has retired the numbers of three players who went on to NBA careers. Name two of them.
5. Through the 2017-18 season, how many consecutive seasons had the Pittsburgh Penguins reached the NHL playoffs?
6. Entering 2018, who was the last NASCAR Cup driver to win four races in a row?
7. When was the last time before 2017 that the U.S. won the Fed Cup in women's tennis?

ANSWERS

1. The 2011 St. Louis Cardinals won the World Series and made the playoffs in 2012. 2. It was 1972. 3. Lawrence Taylor of the New York Giants, in 1986. 4. Tom Meschery, Matthew Dellavedova and Patty Mills. 5. Twelve straight seasons (2007-2018). 6. Jimmie Johnson, in 2007. 7. It was 2000.



PRGHomeTeam.com

Pfeifer Realty Group Is Your Home Team!

Community, Service, Leadership, Expertise, Integrity, Results

239.472.0004

Eric Pfeifer
Broker, Owner



CROW Promotes Two Key Staff Members

by Jeff Lysiak

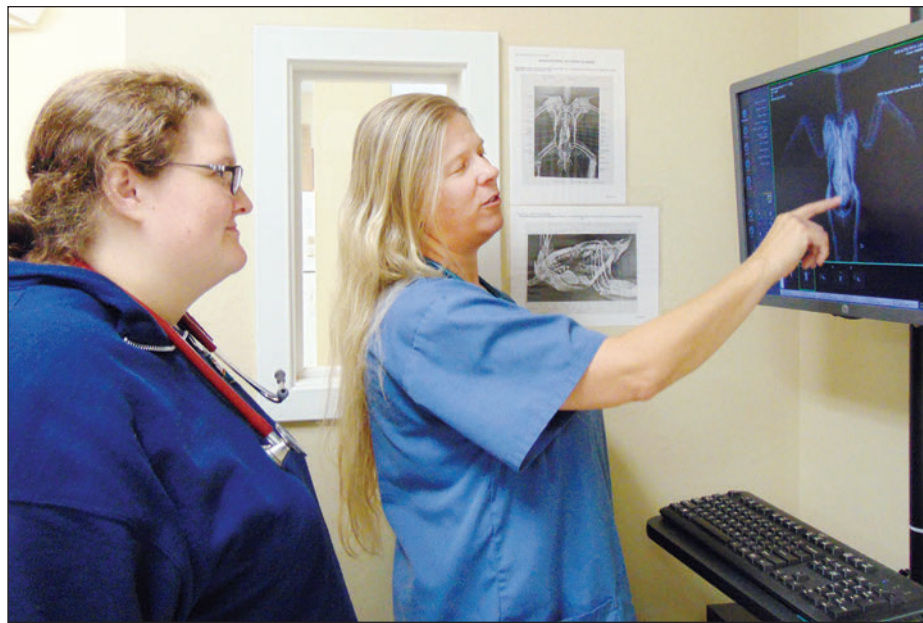
Last week, officials with the Clinic for the Rehabilitation of Wildlife (CROW) announced a pair of staff promotions, naming Dr. Heather Barron the medical and research director, and Dr. Robin Bast the new staff veterinarian.

Dr. Barron, CROW's hospital director and head veterinarian since 2011, received her training in exotic and wild animal medicine and surgery through a residency at the University of Georgia College of Veterinary Medicine, where she later became a tenured associate professor on the Zoological Medicine Service.

"My new title allows me to refocus my efforts towards conservation, research and growth," said Dr. Barron. "I want to strengthen our current partnerships – like we have with the City of Sanibel, Sanibel-Captiva Conservation Foundation (SCCF) and the Sanibel Sea School – and continue our other collaborations with the University of Georgia and University of California-Davis. It will be interesting to see where we're going next."

Additionally, Dr. Barron hopes that CROW will continue working on having research papers published in peer scientific journals, along with writing more scientific grants.

"I'll still be in the hospital and still training our interns," she added. "That way I'll be able to answer any questions and add one more mind while looking at any problems."



Dr. Robin Bast and Dr. Heather Barron looking at a radiograph of one of CROW's current patients
photos by Jeff Lysiak

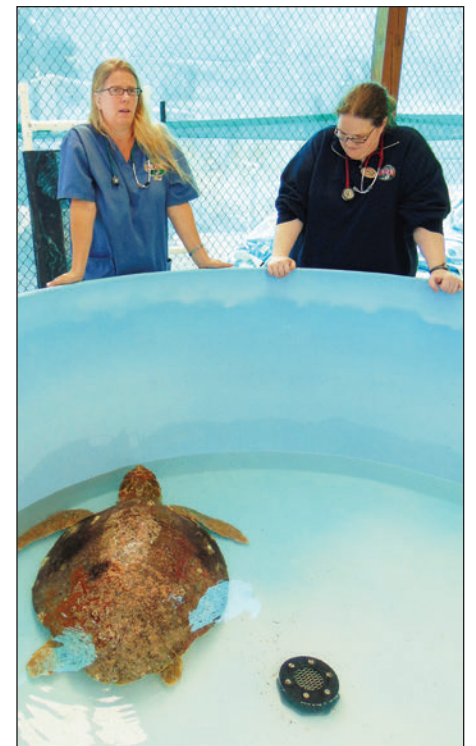
Dr. Bast, who recently completed a one-year internship in wildlife and conservation medicine at CROW, previously worked at the Florida Veterinary Referral Center in Estero, where she practiced internal medicine, emergency medicine and performed surgery. The Allentown, Pennsylvania native graduated from the University of Florida with a doctorate in veterinary medicine.

"I've been in Florida for the past eight years, and I've been through all of the student internships here at CROW," said Dr. Bast, who initially came to the wildlife clinic on an externship in 2009. "I love the fact that this is a teaching hospital, so we're not just dealing with patient issues. I also like that we keep

up on what's the latest in conservation medicine."

In addition to the two staff promotions, CROW has added a new certified veterinary technician to its team. Amber Strassler, who was a student intern at CROW three years ago, recently joined the hospital's nine other full-time staff members. Her job duties will include checking on intensive care patients, feeding wild babies under CROW's care and administering medicine.

Dr. Bast added that she is very



Dr. Heather Barron and Dr. Robin Bast checking on a loggerhead sea turtle

happy to have earned the opportunity to be appointed staff veterinarian.

"It will be great continuing to work with Dr. Barron, who's been my mentor for the past seven years," she said with a smile. "Every day here is so different. And working with our interns is wonderful, too. Not only are we teaching them, but they teach us new things."✱

SCHOOL ACHIEVEMENTS

Faculty Honors

Fort Myers native Nicholas Liccini recently earned the distinction of Faculty Honors for Spring 2018 at the Georgia Institute of Technology in Atlanta, Georgia. This designation is awarded to undergraduate students who have a 4.0 academic average for the semester.✱

Dean's List

Fort Myers native Katelyn Hart has been named to the Spring 2018 Dean's List at Rockford University in Rockford, Illinois.✱

Local residents have been named to the Dean's List at Clemson University for the spring 2018 semester. They are: Deanna Marie Craig of Sanibel, who is majoring in general engineering; and Danny Stanley Rafalski of Sanibel, who is majoring in biological sciences.

Fort Myers native Kallen Leeseberg was recently named to the Dean's List for the spring 2018 semester at Marist College in Poughkeepsie, New York. She is majoring in fashion merchandising.

North Fort Myers resident Taylor

Bridges has been named to the Dean's List for the Spring 2018 semester at Plymouth State University in Plymouth, New Hampshire. Bridges is a nursing major.✱

College Graduates

Fort Myers native Logan Samuelson received a bachelor of science degree in sport and recreation management from the University of Iowa at the close of the spring 2018 semester.

Two Fort Myers natives recently graduated from Wheaton College in Wheaton, Illinois.

Whitman Bertram Wiggins graduated summa cum laude with a bachelor of science degree in chemistry (American Chemical Society Certified in Biochemistry).

Samuel Eliot Wilson graduated with a bachelor of arts in art with a studio art concentration.

Fort Myers native Oriana Oliveros recently graduated with an associate of science degree in paralegal studies at part of the Class of 2018 at Roger Williams University in Bristol, Rhode Island.✱

JOINT DAMAGE?

DEGENERATED JOINTS NEED REGENERATIVE MEDICINE.

PROLOTHERAPY MAY SAVE YOUR JOINTS!

KATIE WORSNICK, MPAS, PA-C ROSS HAUSER, MD

239.303.4069
CaringMedical.com
 Caring Medical Regenerative Medicine Clinics
 9738 Commerce Center Ct. Fort Myers, FL 33908



From left, John Kozak, Jason Huff, Club President Tracie Bagans, District Governor Sandra Hemstead, David Seitz and Steve Wassman
photos provided

Rotary Club Celebrates 50th Anniversary

Rotary Club of Fort Myers South kicked off its 50th anniversary celebration at its annual installation dinner held at Crowne Plaza on June 15. In the spirit of the Golden Oldies, the evening included a social hour, TV-dinner-style buffet, Paul Harris roll call and a musical journey through the decades with recognition of the club's past presidents.

Rotary District Governor Sandra Hemstead and Past District Governor Pete Doragh installed the 2018-19 club officers and board members. Before passing the gavel to incoming president Tracie Bagans, past president Greg Blurton reviewed highlights of his term and presented awards to outgoing leaders. During Bagans' installation, Tracie was surrounded by the support of Rotary past presidents, family and friends who were in attendance.

The newly installed officers who will serve alongside Bagans for 2018-19 include president elect Kerri Goldsmith, president elect nominee Suzi Ward, past president Greg Blurton, treasurer John Kozak and secretary Steve Wassman. The club also welcomed new board members

Randy Zavada, David Seitz and Jason Huff who will join returning board members Read Sawczyn, Pam Morrison and Michael Dunn.

Over the past 50 years, Rotary Club of Fort Myers South has raised and donated hundreds of thousands of dollars for numerous causes such as The Heights Foundation, Child Care of Southwest Florida, Pine Manor Food Forest, Foundation for Lee County Schools, Alliance for the Arts, Blessings in a Backpack and Mission of Mercy Dental Care.

Club members also volunteered hundreds of thousands of hours for events such as the quarterly Adopt-a-Road Cleanup, Law & Order Ball, Scholar Athlete Banquet, Rotary South All-Star Classic and Dictionary Day.

Rotary Club of Fort Myers South has also collaborated with international Rotary clubs on humanitarian projects, such as The Water Project in the Dominican Republic, providing more than 50 water filtration systems and the manpower to install them to some of the most remote mountainside areas.

For more information about Rotary Club of Fort Myers South, visit www.rotarysouth.com. To view more event photos, visit the event photo album on Facebook.*



From left, President of Rotary Club of Fort Myers South Tracie Bagans with District Governor Sandra Hemstead and Wayne Hemstead



From left, District Governor Sandra Hemstead, recipient of the Citation for Meritorious Service, Pete Doragh and Cyndi Doragh



Becky and Gerry Poppe



From left, Jason and Sherri Huff with Kerri and Leon Goldsmith



From left, Jonathan and Amy Gabel, Stacey Trippe Mercado and Jennifer and Greg Blurton



From left, Alim Karim, MD; Ashley Clark, MD; Greg Stepp, MD; Gary Goforth, MD; Tyler Hendricks, MD; and Clint Walls, MD photos provided

Graduation For Family Medicine Residents

Lee Health recently celebrated the graduation of the Class of 2018 of The Florida State University College of Medicine Family Medicine Residency Program. The residency program is based at Lee Memorial Hospital and was created to combat an expected national shortage of primary care physicians – an issue that is compounded locally by a rapidly growing aging population.

“Southwest Florida is one of the

fastest growing regions in the state, and statistically, about 50 to 75 percent of residents practice medicine in the same area in which they trained,” explained Gary Goforth, MD, founding program director of the residency program at Lee Health. “We are proud to report that four of the eight graduates from the class of 2018 are staying in the Fort Myers area to practice medicine.”

This year’s graduates include:

Dr. Ashley Clark, who plans to practice in Fort Myers

Dr. Shane Drahos, who will complete a one-year sleep medicine fellowship at Stanford and then return to Lee County to practice

Dr. Tyler Hendricks, who plans to



Dr. Gary Goforth and Michael Heiland

stay in the Central Florida area

Dr. Alim Karim, who accepted a position to continue working with Lee Health

Dr. Gregory Stepp, who will return to his hometown and practice in the Florida panhandle

Dr. Clinton Walls, who will practice as a hospitalist in Sarasota

Dr. Lee Coghill, Global Health Fellow, who will join the faculty here at the FSU COM Family Medicine Residency Program at Lee Health

Dr. Michael Heiland, Global Health Fellow, who will join the faculty at Halifax Family Medicine Residency in Daytona Beach

The Florida State University College



Dr. Gary Goforth and Lee Coghill

of Medicine Family Medicine Residency Program at Lee Health takes residents through 36 months of training, which is divided into four-week blocks. These rotations are completed at Lee Memorial Hospital, HealthPark Medical Center and Golisano Children’s Hospital of Southwest Florida. The program began with its inaugural class in July 2014.

In December 2016, the residency program was approved for expansion from 18 residents to 24, and received continued accreditation from the Accreditation Council for Graduate Medical Education (ACGME) for the next 10 years.✱

From page 1

Mobile Mollusk

about how they move, what they eat and where their various body parts – including their eyes, nose and feet – are located.

“I just try to make them laugh, so I’ll say a lot of silly stuff,” added Gay. “If they’re laughing, maybe they’ll forget for a minute that they’re in the hospital.”

In partnering with the Bailey-Matthews National Shell Museum, Golisano Children’s Hospital of Southwest Florida is helping support a platform aimed at educating kids.

“This mobile program keeps children close to home and connects them to our environment in an exciting and innovative way,” said Armando Llechu, hospital chief administrative officer. “We are certain the program will pique interest, inspire curiosity and creativity, and enrich the lives of children throughout Southwest Florida.”

During the demonstration, young patients are brought to the hospital’s first floor community room, where

Gay and Covington have arranged the mobile touch tanks filled with live mollusks. As the kids looked at the shells, a number of onlookers – including doctors, nurses and other hospital staff – stood nearby, watching the presentation with equal curiosity.

Holding a larger example of a fighting conch, which did not contain a live mollusk, Gay asked the children if they had ever held a shell up to their ear in order to “hear the ocean.”

“When you’re listening to a shell, you’re actually hearing the sounds made by your own body, from inside your ear,” she explained to the group of three patients, allowing them to place their ears near the giant shell. “I think that’s even cooler than saying you can hear the ocean!”

The Mollusks on the Move program, funding in part with grants provided by Golisano Children’s Hospital of Southwest Florida, LCEC and the West Coast Inland Navigation District, represents hands-on science at its best and inspires all ages to learn more about the natural environment. To learn more, contact Leigh Gay at lgay@shellmuseum.org or 395-2233.✱

New Mission Statement For Agency

The Area Agency on Aging for Southwest Florida (AAASWFL) recently announced that its board of directors has approved a change to its official mission statement.

The new mission statement is: “Area Agency on Aging for Southwest Florida connects older adults and adults with disabilities to resources and assistance for living safely with independence and dignity.” The statement was crafted by AAASWFL staff after several months of assessment and review.

“Our agency is celebrating its 40th anniversary this year, so it’s a great time to reexamine our focus,” explained Marianne Lorini, president and CEO for AAASWFL. “Our previous mission statement was more task-oriented. The new mission statement reveals a client-centered focus. It reflects not only what we do but our vision for the clients we serve.”

In 2017, AAASWFL assisted more than

33,000 older adults, caregivers and others in Southwest Florida through its programs and services, including the Elder Helpline, SHINE Medicare counseling, and health and wellness workshops. The agency received more than 65,000 calls to its toll-free helpline last year from individuals seeking services for older adults.

“Every member of our staff participated in crafting the new mission statement,” added Lorini. “We had company-wide workshops and a committee that worked on the new statement. Everyone’s input was valued – from the folks who work with clients every day to our office and administrative staff. Our board of directors was impressed by the entire team’s commitment to the organization and our clients.”

The mission statement is one of a number of new initiatives for AAASWFL in recent months. The agency restructured its organizational chart in February. AAASWFL also launched a redesigned website in April and e-newsletter in May.

For more information about the Area Agency on Aging for Southwest Florida, visit www.aaaswfl.org or call the toll-free Helpline at 866-413-5337 (866-41-ELDER).✱

dearRPharmacist

Nine Quick Hacks For Leg Cramps



by Suzy Cohen, RPh

Dear Readers: Some of you have to jump out of bed really fast to mitigate a leg cramp, usually in the back of the calf, or in your thigh. Leg cramps are not only painful, but they are a leading cause of fitful sleeping, insomnia and daytime fatigue. They speak to bigger problems too, such as dehydration, nutritional deficiencies and sometimes depression. This is because the root cause might be due to an imbalance in one of several key minerals like calcium, magnesium, potassium, zinc or sodium.

Today my article will help you deal more effectively with nocturnal leg cramps so you can sleep through the night and feel better during the day. Now, here are a few of the best hacks for leg cramps:

Avoid sorbitol – There’s an interesting case study about a 34-year old woman who put herself on a diet that consisted of low sorbitol (and low fructose). She essentially cured herself of long-standing leg cramps within a few weeks.

Reduce aspirin and ibuprofen – Many NSAIDs (non-steroidal anti-inflammatory drugs) are known to be drug muggers of natural folate. A deficiency of this B vitamin will produce chronic leg cramps.

Take CoQ10 with your statin – If you take a statin like lovastatin, atorvastatin or others, you should be taking CoQ10

or Ubiquinol every day. Avoid large doses of vitamin C – If you take too much vitamin C, it can upset your stomach and cause diarrhea. Then you’re faced with dehydration, and that’s a trigger for leg cramps. Cut back on caffeine – Caffeine is a diuretic, so it causes mild dehydration. You may have noticed that on days you drink a lot of coffee, or have several energy drinks, you have more leg cramps. Not only that, but the chlorogenic acid in coffee is a drug mugger for magnesium, iron and zinc. Drink coconut water – This is a natural electrolyte, and I think it’s healthier for you than those strangely colored drinks that are loaded with sugar and artificial colors.

Heat up a microwavable hot pack – Heat one of these up, and it’s sweet relief on your sore muscles. You can heat it up right after you cramp, and apply it to ease the pain faster.

Drink a little pickle juice – This should not help, but it actually does. It’s probably from the salt in the flavoring or from the vinegar. The salt would help with electrolyte balance, the vinegar might serve as a mild muscle relaxant.

Try a massager – The hand-held devices that provide percussion might bring instant relief. There are many at Brookstone, or on Amazon such as the Pure-Wave CM7 Cordless Massager. I have a much longer version of this article that I can send to you. If you’d like to receive this to your email, please join my online community (200,000 people and going strong!) Just sign up for my free newsletter at www.suzycohen.com

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

Doctor and Dietician

Tips To Decrease Sugar Intake



by Ross Hauser, MD and Marion Hauser, MS, RD

Decreasing sugar consumption is a large part of healthy eating. Diets high in processed sugar stimulate the brain’s dopamine pathway, the pleasure-sensing area of the brain. The brain responds by wanting more and more, resulting in an ongoing struggle with sugar cravings and overeating

While there are obvious sugary foods like cookies and candy, all types of prepared foods can be high in fructose, sucrose and corn syrup, alternative names for sugar commonly found on ingredient lists. Even deli or pre-made perishable foods can contain “hidden” sugars. For example, some brands of premade coleslaw have 13 grams of sugar per half-cup. Instead, you can easily make coleslaw at home and leave out the added sugar. Cooking at home using fresh, whole foods is the best way to avoid excessive sugar and calories.

Natural sugar, like that found in fruit, is better for you than added, refined sugar. But be careful with fruit juice. Even as a natural sugar source,

a 12-ounce serving of apple juice still contains 38 grams of sugar. Instead, try adding a splash of fruit juice to sparkling water, or just eat an apple. Same with coffee drinks. Instead of a mocha frappuccino, have a regular coffee and a square of dark chocolate. You’ll decrease the sugar and calories, but still get a chocolate and caffeine fix.

Aspire to cook from scratch. By cooking with different proteins, carbohydrates, good fats, herbs and spices, a variety of tastes can be experienced. In fact, once people begin to experience tastes other than sweetness, they can retrain their brains to enjoy a variety of tastes: salty, sour, bitter, savory, spicy and sweet. Retraining the brain can be challenging at first, considering how bombarded we are with sugary foods. But it is a battle worth fighting – for your health!

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 132 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 9 a.m.

For more meeting information, visit www.southwestfloa.org.

Sanibel Community Church is located at 1740 Periwinkle Way.

Beautifulife: Revitalize



by Kay Casperson

What does this word mean to you? Revitalize can suggest making someone or something active, healthy or energetic again. It can also impart new life or vigor as well as restore something to a dynamic or fresh condition.

Why is this word so essential for us to include in our daily lives? Because so often we get stuck in a rut doing the same things over and over again, from our daily work routines to our daily home routines and everything in between. What tends to happen is that we get bored or we start to take certain things for granted, and we forget to appreciate the things that really matter the most.

So how is it that we can learn to revitalize our lives regularly enough so to avoid the burnout that comes with doing the same thing over and over, as well as continue to keep all aspects of our lives fresh and thriving?

I have come up with a few suggestions for you in the various aspects of life in hopes that this list will trigger some additional creative thoughts of your own.

Emotional – take a mental break away from technology and try to disconnect a bit more at certain times during the day and during the week to revitalize your spirit and your thoughts. Being too connected and too available at all times can create mental burnout. A great way to forget it all and let go is to get a relaxing massage or a spa treatment. A great way to revitalize and lift your spirits is to get a new hairstyle or learn a new way to do your makeup.

Physical – take a group fitness class or work on a fitness routine that gives you a new sense of desire to workout. Subscribe to an online course that is out of the box and different than what you are used to doing, and select the best time of day to incorporate this into

your life. Just changing things up a bit helps to make working out and staying physically fit actually fun versus a chore that needs to be done.

Spiritual – read a good book, pray, listen to an inspiring podcast, take the time to go to church and even watch a service live if you can’t get to the one you want to visit. There is no better way to revitalize your spirit than to listen to a gifted teacher or inspirational leader. Bring affirmations into your life so you continue to motivate and inspire yourself every day.

Environmental – this one can be lots of fun by digging up your creative juices to make things fresh and new again. Paint a room, buy some new home accessories, bedding or even a new piece of art. Add something new to your landscaping like a plant, tree or flowers, and change your view both inside and out. Get involved with a local organization that protects your environment, learn more about them and contribute to the cause.

Social – I love this one because it really is easy to let relationships go in terms of spicing things up and keeping them fresh and fun. Consider buying

flowers, cards or even just a small gift of some kind for those your love to show your appreciation. Send an ecard or create an event with a friend or loved one that is out of the box, like a picnic, quick getaway or just an unexpected day of relaxation and rejuvenation at a spa. Join a new group of like-minded individuals to meet new people and create some new, fresh friendships.

Any of these ideas and even some of your own will help keep your progress moving fast forward in having your most balanced and beautiful life. Keeping things fresh and revitalized will ensure that all you have worked for in life continues to thrive.

My affirmation for you this week is: “I am exploring new ways to revitalize my life to keep things fresh, fun and flourishing.”

Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Oreo And Julia



Oreo ID# A544003

Celebrate the month of Independence Day by allowing a new pet to enjoy the freedom of a forever home. Adoption fees will be reduced for the entire month of July. Adult dogs are just \$30 to adopt, cats are \$10 and kittens are \$20. In addition, our cats and kittens are two-for-one; adopt one and you can take home a feline friend at no additional charge. Our adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10-day health guarantee. This is a \$500 package. The team of volunteers and staff are waiting to introduce your new family member to you. Just stop by the adoption center 10:30 a.m. to 3:30 p.m. Monday through Saturday at 5600 Banner Drive in Fort Myers. Visit the website www.leelostpets.com to see pets available for adoption.

Oreo is a 7-year-old female pit bull who is a happy girl with a big smile to match her bubbly personality. She loves playing outside with the



Julia ID# A743729

volunteers, especially in the kiddie pool. She is currently learning some new tricks such as sit, shake and down, and is quite smart. She loves training time and she is sure to learn even more with her new family. She comes with the full package: spay, microchip, up-to-date vaccinations, rabies, county license and 10-day health guarantee. Oreo's adoption fee is \$30.

Julia is a 1-year-old female domestic shorthair. She is a beautiful gray tabby that is best described as having a well-rounded personality. She likes to play as well as cuddle. She will bump your hand when she wants affection and climb right into to your lap and curl up for a nap. And as always, cats are adopt one, get a feline friend at no additional charge. Julia's adoption fee is \$10.

*The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.lee.gov/animalservices or call 533-7387.**

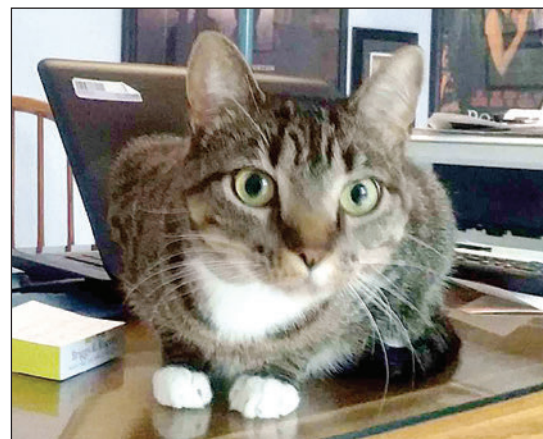
Haven on Earth Animal League

Irish And Lucy



Irish

Hi there! I'm Irish. I am a beautiful male 13-year-old, orange tabby, Maine Coon. I have a very fluffy tail and long white whiskers. I am neutered and up to date on all vaccines. I am also declawed and currently living



Lucy

with a foster family. I am still young at heart and very healthy. My adoption fee is \$100.

Hello, I'm Lucy. I am a beautiful female tabby with white feet and bright green eyes. I'm 2 years young and currently living with a foster family. I'm not real crazy about other cats, so I need to be the only one in your house. I have been fully vetted and brought up to date on all vaccines. My adoption fee is \$100.

*We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email haveneearthanimalleague@yahoo.com.**



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500

ARTS

Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	277-1700
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321

CLUBS & ORGANIZATIONS

American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	339-8046
Audubon Society	472-3156
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Chorale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900

AREA ATTRACTIONS

Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com

PUZZLES

Answers on page 29

Super Crossword

TURNING
RED

- ACROSS
- 1 Dull hurt

5 Language of Islamabad

9 Thorny plant

13 Series start

19 Hurdle

20 Really smell

21 Very eager

22 Chlorine or fluorine compound

23 "A Clockwork Orange" novelist

26 Steeped in salty water

27 Ridden horse

28 Tree bearing catkins

29 "Take that!"

30 Derivations

33 Commotion

36 "Modern Family" co-star

39 Popeye creator

40 Get the idea

41 "Boys" co-star

42 Not aweather

43 Arizona tree

44 Pen choice

47 Sharp tool

48 Shifty

49 He played Radar on "M*A*S*H"

54 Many mini-maps

56 Golf target

58 Not trite

59 Irving of 101-Down

60 Let go of

64 Festive

65 Stretch, with "out"

66 BBs, e.g.

68 No light load

70 Notion

71 KO counter

72 "Not impressed"

73 Freedom from germs

74 Commotion

75 Big name in tires

78 Takeoff guess, briefly

79 Cheap flicks

82 Lean patty option

86 Just-painted

87 Meadow

88 Go — rampage

89 Totally spoil

90 Pentagonagram

92 Galley tools

93 Bit of an oval

96 Complaints, informally

97 Preppy-boho fashion label

99 Line of fruity Cheerios cereals

103 Unit of dew

104 Further on

105 Danish toast

107 Flooded (in)

111 Shiny fabrics

112 Singer of the 1960 hit "You're Sixteen"

116 Happenings

117 Balm additive

118 Make simpler

119 Slightly

120 Fix, as a shoe bottom

121 Look awed

122 Colorless

123 Red color hidden backward in nine answers in this puzzle

7 Utter failure

8 Island guitar

9 Angry display

10 Listen to incidentally

11 Bro's sibling

12 Pub. house workers

13 "Yippee!"

14 Second of two sections

15 Yale's Yale

16 S.F. NFL team

17 Swimmer Gertrude

18 Flight leaving late at night

24 Scent

25 Hwys., e.g.

29 Camera type, in brief

31 Eurasian mountains

32 Depend (on)

34 Unattractive

35 Exceptionally tough guy

36 Some spicy cuisine

37 [Boring!]

38 Common yule tree

39 Hot tub locale

44 Wilson of the Beach Boys

45 Punk rock's — Pop

46 Phi-psi linkup

48 Pigs' place

49 Slaty colours

50 Compels

51 100 cents

52 Counterfeit

53 Tiny parasite

55 Punk variant

56 Stew veggie

57 Thomas — Edison

60 "Get clean" program

61 '60s prez

62 "Fantastic!"

63 Once, formerly

66 In — (trapped)

67 Bistro card

68 #1 OutKast hit of 2003

69 Completed

70 Tyrant Amin

72 Brand of faucets

74 Back, at sea

76 "The Thing" studio

77 Tempting one

79 Emerald, e.g.

80 Former Ford div.

81 Obi, for one

83 Regrets

84 Store selling souvenirs

85 Naval off.

86 Get skewed

90 Left the fold

91 Strip of computer icons

92 Last longer than

93 Bully, e.g.

94 Put new asphalt on

95 Jalopies

96 Amigo

98 Bit of coffee

100 Safari animal

101 Streisand film of 1983

102 — -Terre (capital of Guadeloupe)

103 Singer Ho

106 Leg midpoint

108 Outermost Aleutian island

109 Blind guess

110 Lamarr of old Hollywood

112 Cut unevenly

113 Ending for schnozz

114 Yank's land

115 Yank's rival

1	2	3	4		5	6	7	8		9	10	11	12		13	14	15	16	17	18	
19					20					21					22						
23					24					25					26						
27								28							29						
				30		31	32					33	34	35							
36	37	38								39									40		
41					42					43						44	45	46			
47				48					49						50				51	52	53
54				55				56	57					58							
			59			60					61	62	63		64				65		
66	67				68									69				70			
71					72				73								74				
75				76					77						78					80	81
82									83	84	85					86				87	
				88				89						90	91				92		
93	94	95						96						97				98			
99				100	101	102						103									
104										105	106						107		108	109	110
111																114	115				
116																			119		
120																					

King Crossword

- ACROSS
- 1 Piquant taste

5 Winter ailment

8 Painter Chagall

12 Thought

13 Arctic bird

14 Met melody

15 Slaughter

17 Vend

18 Type squares

19 Doctor's due

20 Any of 150 in the Bible

21 Doorstep item

22 Lemon meringue, e.g.

23 Sacrifice site

26 Spa fixture

30 The Red and the Black

31 Formal wear

32 Start a garden

33 Popular place to socialize

35 Heredity factors

36 Pick a target

37 Existed

38 Animal

41 Purse

42 Mauna —

45 Not pizzicato

46 "Manon" composer

48 Opposed

49 Pismire

50 Unaccomp-anied

9 Vicinity

10 Small stream

11 At peace

16 Somewhere out there

20 Snapshot

21 Chief who befriended the Pilgrims

22 Latin for "peace"

23 Fire residue

24 Zodiac cat

25 Tit for —

26 Stick out

27 Buddhist sect

28 Wye follower

29 Egos' coun-terparts

31 Male turkey

34 Fruit stone

35 Jokes

37 Squander

38 False god

39 Sea eagle

40 Performances

41 Poison

42 Door opener

43 Morays, e.g.

44 On

46 Crazy

47 Superlative suffix

DOWN

- 2 Leading man?

3 Untouchable

4 Petrol

5 Aspect

6 Entice

7 Guitar's cousin

8 Some physio-therapists

MAGIC MAZE ● PATRICK —

F T Q N K I R F C Z W U R P M
J H E E Z Y A W S C Z X U N W
S Q N L J H F G T E C Z X A V
T R P N L J T Y E H E C R H A
Y W V T R P E I W N L B K O I
G E C B Z S R O A Y U X W O Y
U S R P P A E E R R H O L G F
M L J M T I W G T N B A E C F
D B E S A Y I O X I E L E M U
W D U T Y R N E H N H C A L D
S Q P O N L G K O J H W M G G

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- Dempsey

Ewing

Galbraith

Henry
- Leahy

McEnroe

McGoohan

O'Neal
- Rafter

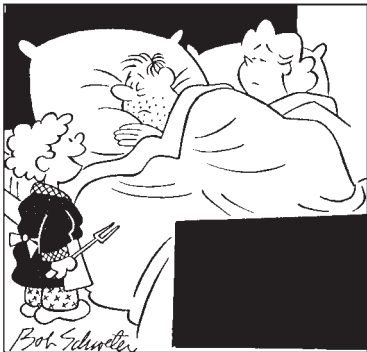
Roy

Star

Stewart
- Swayze

Warburton

White



"I'm making breakfast — how do you want
your _____?"
answer on page 29

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Lecture _____

Objective _____

Drawing _____

Crazy _____

TODAY'S WORD

	5			1	8			
		7	5				9	
8				7				3
		3			8			9
9				4		2		
	4		1	2			6	
		2		6			1	
	9				3			5
5			8			6		

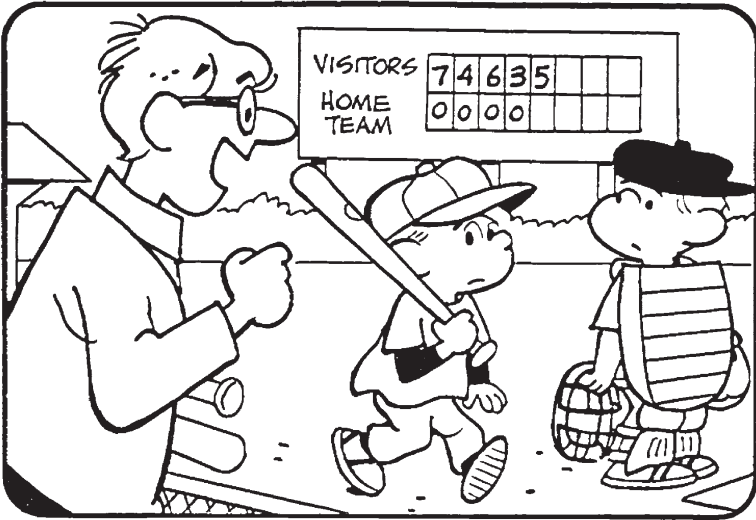
SUDOKU

To play Sudoku:
Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

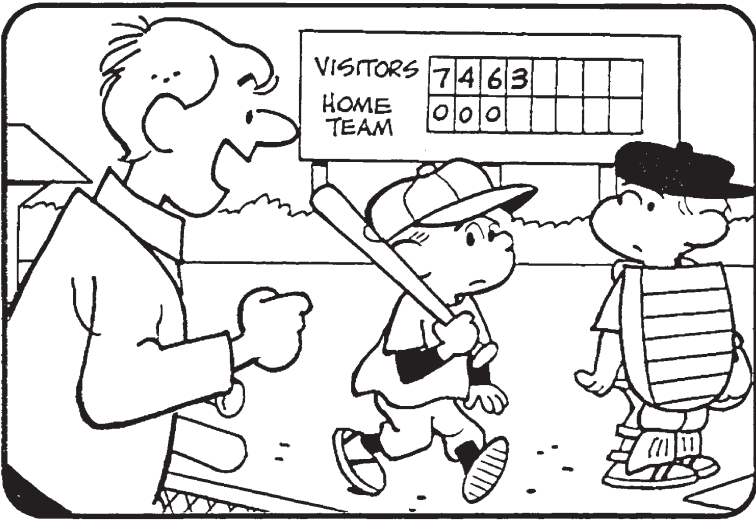
answer on page 29

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Glasses are missing. 2. Arm is missing. 3. Bat is shorter. 4. Pants are shorter. 5. Scoreboard numbers are missing. 6. Mask is missing.








Family Pizza

- 1 prepared pizza dough
 - 1 cup prepared pizza sauce
 - 1 cup tomatoes, chopped
 - 1/2 cup zucchini, chopped
 - 1 teaspoon fresh or 1/2 teaspoon dried ground oregano
 - 1 teaspoon fresh or 1/2 teaspoon dried basil leaves
 - 12 ounces low fat, grated mozzarella cheese
 - 1/2 cup parsley, chopped
- Spread dough evenly on a baking sheet.
Cover top of dough with the sauce.
Sprinkle oregano and basil over sauce and bake dough on 400 F for 5 to 7 minutes or until dough starts to brown on edges.
Remove from oven and add tomatoes and zucchini.
Top with cheese, add parsley, return to oven until cheese melts and begins to brown, about 10 to 12 minutes.
Chef Tip: Use leftover vegetables or meat from other meals for the toppings.✱



Family Pizza

photo courtesy Fresh From Florida

	FRIDAY Mostly Cloudy High: 89 Low: 82		SATURDAY Mostly Cloudy High: 91 Low: 84		SUNDAY Cloudy High: 86 Low: 79		MONDAY Mostly Cloudy High: 89 Low: 82		TUESDAY Mostly Cloudy High: 90 Low: 83		WEDNESDAY Partly Cloudy High: 93 Low: 85		THURSDAY Mostly Cloudy High: 90 Low: 83
--	--	---	--	---	---	---	--	---	---	---	---	---	--

Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	3:42 am	6:14 am	1:14 pm	8:57 pm	Fri	2:47 am	6:16 am	12:19 pm	8:59 pm	Fri	2:34 am	7:30 am	1:29 pm	9:08 pm	Fri	5:52 am	9:30 am	3:24 pm	None
Sat	4:23 am	7:07 am	2:06 pm	9:43 pm	Sat	3:28 am	7:09 am	1:11 pm	9:45 pm	Sat	3:38 am	8:41 am	2:36 pm	9:58 pm	Sat	6:33 am	12:13 am	4:16 pm	10:23 am
Sun	4:59 am	8:07 am	2:59 pm	10:27 pm	Sun	4:04 am	8:09 am	2:04 pm	10:29 pm	Sun	4:30 am	9:42 am	3:50 pm	10:42 pm	Sun	7:09 am	12:59 am	5:09 pm	11:23 am
Mon	5:33 am	9:14 am	3:56 pm	11:09 pm	Mon	4:38 am	9:16 am	3:01 pm	11:11 pm	Mon	5:11 am	10:35 am	4:53 pm	11:22 pm	Mon	7:43 am	1:43 am	6:06 pm	12:30 pm
Tue	6:07 am	10:30 am	4:57 pm	11:49 pm	Tue	5:12 am	10:32 am	4:02 pm	11:51 pm	Tue	5:48 am	11:27 am	5:46 pm	None	Tue	8:17 am	2:25 am	7:07 pm	1:46 pm
Wed	6:43 am	11:54 am	6:08 pm	None	Wed	5:48 am	11:56 am	5:13 pm	None	Wed	6:26 am	12:03 am	6:37 pm	12:22 pm	Wed	8:53 am	3:05 am	8:18 pm	3:10 pm
Thu	7:22 am	12:28 am	7:35 pm	1:24 pm	Thu	6:27 am	12:30 am	6:40 pm	1:26 pm	Thu	7:03 am	12:45 am	7:28 pm	1:23 pm	Thu	9:32 am	3:44 am	9:45 pm	4:40 pm

PROFESSIONAL DIRECTORY

FINANCIAL SERVICES

THE RIGHT INVESTMENTS IN YOUR IRA CAN MAKE ALL THE DIFFERENCE.

Jennifer L Basey
Financial Advisor

42 Barkley Circle, Suite 1
Fort Myers, FL 33907
239-931-4543

To learn about the benefits of an Edward Jones IRA, call or visit today.

www.edwardjones.com Member SIPC

Edward Jones
MAKING SENSE OF INVESTING

GENERAL CONTRACTOR

D.BROWN
GENERAL CONTRACTORS LLC

CGC1517615

BBB
A BBB Accredited Business with an "A" Rating

New Construction & REMODELS

239-593-1998 | www.dbrowngc.com

CONSTRUCTION/REMODELING

COOPER
CONSTRUCTION

Custom Homes & Remodeling Specialists
We can design, build and manage any endeavor you can dream up.

239.454.5699
cooperconstruction@embarqmail.com
Kerry Cooper • An Island Business Since 1982 • License # CBC1255742

TREE TRIMMING, ARBORIST

Arbor Specialist Since 1995

TREE WEST

• Tree Trimming • Tree Removal
• Stump Grinding

239-910-3256
info@treewestfl@gmail.com
www.treewestflorida.com
P.O. Box 564, Sanibel, FL 33957
Licensed, insured, workers compensation

"Tell A Friend"

HOME WATCH



Rabbit Rd.
Property Management & Home Watch

An affordable Property Management/Home Watch Company which specializes in managing small Condominium Associations in the Fort Myers/Lee county area. We are licensed, insured and bonded with over 20 years of experience. We are also Florida CAM licensed and accredited members of the National Home Watch Association.

For more information:
Phone: 239-558-5733
E-mail: rabbitrdmgt@gmail.com
www.RabbitRoadMgt.com

HOME SERVICES

YARD SERVICE • TREE SERVICE • POOL SERVICE
HOME WATCH • CLEANING SERVICE

JUERGEN SCHREYER
OWNER

ISLAND HOME SERVICE
P.O. Box 1050 • SANIBEL • FLORIDA 33957
WWW.ISLANDHOMESERVICE.COM
INFO@ISLANDHOMESERVICE.COM
PHONE: (239) 472-5247 • CELL: (239) 229-6366

CONTRACTOR



Surfside Home Improvements Aluminum & Remodeling



• Bathrooms • Kitchens
• Lanai Enclosures
• Windows • Screen Rooms • Decks
• Railings • Safety Tubs • Doors
• Add a Room or Garage
• Outdoor Kitchens • Storm Shutters
• and Much More

\$500. OFF WITH AD
cbc1261010
239-936-0836
Family owned, 40 Years Local

ELECTRICAL

J.T.E. ELECTRIC

SERVICE • RESIDENTIAL • COMMERCIAL • REMODEL

Brady J. Rees
Generator and Service Expert
T | 239-368-9511
C | 239-980-1596

generator@jteelectricinc.com
204-B Waldo Avenue,
Lehigh Acres, FL 33971

CLEANING SERVICES



Professional Cleaning Services

Residential & Commercial
Construction Clean Up
Interior Windows
Home Watch

Jennifer Watson
(239) 810-6293
brightntidy@gmail.com
Licensed & Insured

FISHING CHARTER

Light Tackle Sport Fishing
Tarpon • Snook • Redfish & More

CAPT. MATT MITCHELL



USCG Licensed & Insured

C: (239) 340-8651
www.captmattmitchell.com
email: captmattmitchell@aol.com

Would you like to advertise your business card every week?

Call:

239-395-1213

★ ★ ★ ★ ★ CLASSIFIED ★ CLASSIFIED ★ ★ ★ ★ ★

REAL ESTATE

GARCIA REAL ESTATE AND CONSULTING



**RICHARD J. GARCIA, GRI,
BROKER**
239-472-5147
garciaonsanibel.com
Offering Personal, Private, and Professional Real Estate Services on Sanibel and Captiva Islands. 30 Year Resident of Sanibel. Licensed in Florida, New York, Pennsylvania and New Jersey.
4/29 ★ TFN

SANIBEL NEW CONSTRUCTION



3Bed/2Bath Pool Home. 95% Complete. Everything Top Of The Line. Hurricane Rated. Brokers Protected. \$589,900. Private Client R/E. Rich Harvey Broker Owner. 239 699 5258. HARV49@GMAIL.COM
6/29 ★ 7/20

COMMERCIAL RENTAL

WONDERFUL RENTAL IN POPULAR LOCATION ON SANIBEL



2 Rooms, Bathroom, Approx. 1,000 sq. feet. This was Molnar Electric's old office. Call Judy at 239-851-4073.
8/5 ★ TFN

COMMERCIAL RENTAL

COMMERCIAL UNIT FOR RENT

East End of Sanibel in Punta Ybel Plaza. Perfect for Office or Small Retail. Call Dee at 472-0121, leave a message.
7/13 ★ TFN

OFFICE SPACE IN DESIRABLE TREE TOPS CENTER

1101 Periwinkle Way. Conveniently located very close to causeway! Approx. 700 sq. ft. w/ 1/2 bath. Call Mike at (970)476-9204 or email pazzos@vail.net
7/13 ★ 7/27

VACATION RENTAL

Island Vacations

Of Sanibel & Captiva
Million \$ Views Await You!
• Cottages • Condos • Homes •
Miles of Beaches & Bike Paths
239-472-7277
1-888-451-7277
1/4 ★ TFN



Cottages To Castles
Unique Vacation Rentals
2427 Periwinkle Way
Sanibel, FL 33957
Local: (239) 472-6385
Toll Free: (800) 472-5385
Fax: (239) 472-5858
www.cottages-to-castles.com
1/26 ★ TFN

SEASONAL RENTAL

CLOSE TO BOWMEN'S BEACH

3 BR/2BA, fully furnished and equipped, large screened porch, garage. Community pool and tennis. Monthly rental minimum. For more info please email: sbllcottage@gmail.com.
6/29 ★ 9/14

ANNUAL RENTAL WANTED

SEEKING ANNUAL RENTAL

Retired couple seeking long term rental. 32 year residents of Sanibel seeking a long term rental. Call 472-1269
6/29 ★ 7/13

ANNUAL RENTAL

ANNUAL RENTAL STUNNING!!

Offering this 2 story, Gorgeous custom 3 BR/3.5 BA Home, large gourmet kitchen, elevator, Huge mbr suite and bedrooms, 2 car garage, steps to beach. Fully furnished. All high end. \$6,000/mo.

WATERFRONT

This Beautiful, Private 4/2 home is on Bayou with Gulf & Bay access. \$2,950/mo.



Call Today
472-6747
Gulf Beach Properties, Inc.
06/22 ★ TFN



SANIBEL ANNUAL RENTAL

Available July 1 – Canal front home 3 bedrooms, 2 bath pool home in Shell Harbor – close access to the beach and causeway on the East End of Sanibel. Perfect location – \$3,800 per month. Call or text Rose at 239-851-5188.
6/15 ★ 7/13

ANNUAL RENTALS NOW AVAILABLE

2/1 apt on Main Street \$1,900/mo. Dogs okay.
3/1 apt on Schooner Place \$2,000/mo. Dogs okay.
Call Bridgit 239.728.1920
7/13 ★ TFN

CALOOSA SHORES

3BR/2B Annual Rental \$2,700 month. Furnished, two car garage. Ground level, no stairs, 3 miles from school near Ding Darling. 239-770-5568. Call in evening.
7/13 ★ 7/27

SERVICES OFFERED

ROGER NODRUFF ELECTRIC

Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc. Call or text Roger 239-707-7203 State License #13002788
4/20 ★ TFN



Complete Landscaping Services & Weekly Lawn Service
New Client Special 10% OFF your Mulch Installation, Landscaping Project, or Tree Trimming Project.
239-896-6789
4/13 ★ TFN

SERVICES OFFERED

HELLE'S CLEANING SERVICES

Residential Cleaning to Satisfaction
Sanibel & Captiva • 239-565-0471
Sanibel Lic. #11412 Lee Co. Lic. #051047
1/4 ★ TFN

JC WINDOW CLEANING

Residential-Commercial-New Construction \$120 Window Cleaning. Inside And Out. Single Home Or 10% Off. First Time New. Customers/Free Estimates.
JC 239-232-2232 jccpcleaning@aol.com
05/25 ★ TFN

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available)
Joe Scarnato (239) 849-6163
scarnatolawn@aol.com
1/25 ★ TFN

PUBLIC SERVICE

PUBLIC SERVICE ANNOUNCEMENT

ADDITION SCREENINGS
Narconon can help you take steps to overcome addiction in your family.
<http://www.narconon-suncoast.org>
Call today for free screenings or referrals.
877-841-5509
3/2 ★ TFN

HELP WANTED

JERRY'S FOODS SERVERS & BARISTAS

Part Time Evening And Weekend Front End Associates Needed. Looking for energetic, personable, and fun individuals, with open availability Monday through Sunday. If interested call and ask for John, Norm Sarah 472-9300. 1700 Periwinkle Way
5/6 ★ TFN

BOATS - CANOES - KAYAKS

DOCKAGE

Hourly, Daily, Weekly and Monthly.
Captiva Island 472-5800
1/4 ★ TFN

After 9, it's turtle time!



CLOSE CURTAINS & BLINDS OR TURN OFF LIGHTS TURTLE

Shore Fishing: Don't Harm The Fish



by Capt. Matt Mitchell

Landing a big fish from the beach can be hard on the fish. Dragging a fish up onto the sand if you're going to release it is not an option as it usually damages or kills the fish. Hold the fish in the water while you unhook it if you're going to release it.

The less you can touch a fish before release the better for the fish.

If you want a picture with the fish, support it as

you lift it out of the water – and do it quickly.

Before releasing, revive the fish while holding it in the water; moving it slowly back and forth so water goes over its gills. The fish will let you know when it's ready to swim off.

Florida just recently changed the regulations on fishing from shore. Florida residents as well as out of state visitors need a fishing license to fish from shore.



Azul stands in front of Dunkin' Donuts at FGCU photo provided

FGCU Official Coffee Sponsorship

Dunkin' Donuts of Southwest Florida is proud to announce it is now the Official Coffee of Florida Gulf Coast University (FGCU) Athletics. FGCU Athletics will "Run on Dunkin'" with special Dunkin' Donuts promotions and onsite giveaways at Eagles home games.

"In 2013, the Eagles men's basketball team put FGCU on the map with their remarkable success in the NCAA Tournament, earning the area the clever nickname of 'Dunk City' – making our partnership the perfect match," said Erica Roomy, Dunkin' Donuts integrated marketing manager. "We are proud to

partner with FGCU Athletics as the official coffee, and cheer on the Eagles with unique offers that the whole community will enjoy."

"We're very excited to partner with Dunkin' Donuts of Southwest Florida and welcome them into the Eagle family," said Jeremy Boreland, FGCU Athletics' director of corporate sales. "The Southwest Florida community is so supportive of the Green and Blue, and we are looking forward to working with Dunkin' Donuts to help celebrate their favorite sports teams and student-athletes."

FGCU Eagles fans will benefit from this partnership at participating Dunkin' Donuts stores throughout Southwest Florida, as well as Eagles basketball, baseball, softball and soccer home games. Dunkin' Donuts will offer giveaways during select Eagles games throughout the partnership, as well as

participate in FGCU Eagles spirited events including Eagle Revolution and Dunk City After Dark.

To learn more about Dunkin' Donuts, visit www.dunkindonuts.com.

Animal Services Foster-To-Adopt Program

Have you been interested in adopting a dog but aren't sure of what breed will fit into your lifestyle? Maybe you are not sure that a dog of a particular size, age or energy level is right for your home and family. Lee County Domestic Animal Services' Foster-to-Adopt Program gives you the opportunity to see if a dog is the

perfect fit before committing to adoption.

Select dogs will be eligible for the program. To complete an application, visit the adoption center Monday through Saturday from 10:30 a.m. to 3:30 p.m. Once the application is approved, drop by the adoption floor to meet your potential new family member. The reduced adoption fee is just \$50.

If it turns out that the dog is not a perfect fit, you can provide staff with information on how the dog was while in your home to better pair him or her successfully in their next home, and you will be given the option to select another dog that may be a better fit.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Visit www.leelostpets.com to view pets available for adoption. For more information, email kfordiani@leegov.com.



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Renaissance	Fort Myers	2009	6,260	\$1,999,000	\$1,800,000	87
St. Charles Harbour	Fort Myers	2011	2,837	\$1,060,000	\$1,017,500	105
Cape Coral	Cape Coral	1985	2,404	\$965,000	\$935,000	176
Cape Coral	Cape Coral	2006	4,008	\$950,000	\$925,000	36
Shell Harbor	Sanibel	1973	2,058	\$945,000	\$900,000	0
Town and River	Fort Myers	1970	3,306	\$924,900	\$900,000	88
Fiddlesticks Country Club	Fort Myers	1990	7,006	\$875,000	\$845,000	16
The Rocks	Sanibel	1977	1,993	\$849,000	\$815,000	97
Palm Isles	Fort Myers Beach	2006	2,743	\$749,500	\$690,000	113
Island Harbors	Matlacha	1986	2,596	\$689,000	\$610,000	111



AWARD WINNING
FLAVORS FROM THE
CARIBBEAN RIM!

*The Original
Yucatan Shrimp*

**“For the sun-kissed & sun-desirous
alike, a vacation on a plate.”**

*The New York Times
Magazine*

Flat Breads • Outdoor Seating • Island Mojitos

Sanibel Island



2500 Island Inn Rd
Sanibel Island FL, 33957
239.472.8311

Captiva Island

Open to the Public!



South Seas Island Resort
Captiva Island FL, 33924
239.312.4275



Follow & Review us on social media!